

Istidschema Solna Hockey

| 2024         | V50 9-15/12                                                        |              |  |        |         |  |        |        |        |                |              |    |              |              |              |
|--------------|--------------------------------------------------------------------|--------------|--|--------|---------|--|--------|--------|--------|----------------|--------------|----|--------------|--------------|--------------|
|              | Måndag                                                             | Tisdag       |  | Onsdag | Torsdag |  | Fredag | Lördag | Söndag |                |              |    |              |              |              |
| 07.00- 07.30 |                                                                    |              |  |        |         |  |        |        |        | 07.00- 07.30   |              |    |              |              |              |
| 07.30- 08.00 |                                                                    |              |  |        |         |  |        |        |        | 07.30- 08.00   |              |    |              |              |              |
| 08.00- 08.30 |                                                                    |              |  |        |         |  |        |        |        | U9             | 08.00- 08.30 |    |              |              |              |
| 08.30- 09.00 |                                                                    |              |  |        |         |  |        |        |        |                | 08.30- 09.00 |    |              |              |              |
| 09.00- 09.30 |                                                                    |              |  |        |         |  |        |        |        | U10            | 09.00- 09.30 |    |              |              |              |
| 09.30- 10.00 |                                                                    |              |  |        |         |  |        |        |        |                | 09.30- 10.00 |    |              |              |              |
| 10.00- 10.30 |                                                                    |              |  |        |         |  |        |        |        | 10.00- 10.30   |              |    |              |              |              |
| 10.30- 11.00 |                                                                    |              |  |        |         |  |        |        |        | 10.30- 11.00   | Hall 1       |    |              |              |              |
| 11.00- 11.30 |                                                                    |              |  |        |         |  |        |        |        | Underdogs      | 11.00- 11.30 | U8 | HOCKEY SKOLA | 11.00- 11.30 | Hall 2       |
| 11.30- 12.00 |                                                                    |              |  |        |         |  |        |        |        |                | 11.30- 12.00 |    |              | 11.30- 12.00 | Hall 3       |
| 12.00- 12.30 |                                                                    |              |  |        |         |  |        |        |        |                | 12.00- 12.30 |    |              | 12.30- 13.00 | 12.30- 13.00 |
| 12.30- 13.00 |                                                                    |              |  |        |         |  |        |        |        |                |              |    | U9           | 13.30- 14.00 |              |
| 13.00- 13.30 |                                                                    |              |  |        |         |  |        |        |        |                |              |    |              | 14.00- 14.30 |              |
| 13.30- 14.00 |                                                                    |              |  |        |         |  |        |        |        | U10/U11        | 14.30- 15.00 |    |              |              |              |
| 14.00- 14.30 |                                                                    |              |  |        |         |  |        |        |        |                | 15.00- 15.30 |    |              |              |              |
| 14.30- 15.00 |                                                                    |              |  |        |         |  |        |        |        | 12<br>Poolspel | 15.30- 16.00 |    |              |              |              |
| 15.00- 15.30 |                                                                    |              |  |        |         |  |        |        |        |                | 16.00- 16.30 |    |              |              |              |
| 15.30- 16.00 | U13                                                                | 16.30- 17.00 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 16.00- 16.30 |                                                                    | 17.00- 17.30 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 16.30- 17.00 | Stängt<br>Stängt<br>Stängt<br>Stängt<br>Stängt<br>Stängt<br>Stängt | 17.30- 18.00 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 17.00- 17.30 |                                                                    | 18.00- 18.30 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 17.30- 18.00 | U11/12                                                             | 18.30- 19.00 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 18.00- 18.30 |                                                                    | 19.00- 19.30 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 18.30- 19.00 | U13                                                                | 19.30- 20.00 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 19.00- 19.30 |                                                                    | 20.00- 20.30 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 19.30- 20.00 | Stängt<br>Stängt                                                   | 20.30- 21.00 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 20.00- 20.30 |                                                                    | 21.00- 21.30 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 20.30- 21.00 | A-lag<br>vs<br>Bålsta                                              | 21.30- 22.00 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 21.00- 21.30 |                                                                    | 22.00- 22.30 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 21.30- 22.00 | Underdogs                                                          | 22.30- 23.00 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 22.00- 22.30 |                                                                    | 23.00- 23.30 |  |        |         |  |        |        |        |                |              |    |              |              |              |
| 22.30- 23.00 | Vets                                                               | 23.30- 24.00 |  |        |         |  |        |        |        |                |              |    |              |              |              |
|              |                                                                    | 24.00- 24.30 |  |        |         |  |        |        |        |                |              |    |              |              |              |

|                     |        |                      |
|---------------------|--------|----------------------|
| Match hemma         |        |                      |
| A-lag vs Bålsta     | 10-dec | 20:00 Värmning 19:30 |
| U12 Poolspel        | 15-dec | 16:00                |
| U13 vs Djurgården   | 11-dec | 20:00                |
| U15 vs Saltsjöbaden | 11-dec | 18:30                |
| U15 vs Nynäshamn    | 15-dec | 19:00                |
| Match borta         |        |                      |
| U11 Poolspel        | 14-dec | 10:00                |
| U9 Poolspel         | 14-dec | 12:00                |
| U12 Poolspel        | 14-dec | 16:00                |