

Eventområde/ 26 maj 2018

Jan B 21/5 -18

Toughest	08.00 - 12. 00	12.00 -16.00
Koordinator		
IFK Umeå	Jan Brännvall/ 070-396 12 08	Jan Brännvall/ 070-396 12 08
IFK Umeå	Ola Wallgren/ 070-346 61 82	Ola Wallgren/ 070-346 61 82
IFK Umeå	Ulf Olofsson/070-326 04 13	Ulf Olofsson/070-326 04 13
Registration + start		
BOV		
BOV		
IFK Umeå	F10/ Peter Tjärnkvist/076-827 13 05	F10 / Lina Lindström/ 072-213 81 13
IFK Umeå	F 10/ Karina Burmaan/070-699 58 36	F10/ Johan Sjöström/070-393 13 89
IFK Umeå	F 07/08/ Mikael Back/070-3125388	F 07/08/ Elin Pietroni/070-5181239
IFK Umeå	F 07/08/ Karolina Alenius/072-5417970	F 07/08/ Alexandra Sailer/ 076-8274780
Bag Drop		
IFK Umeå	F 09/ Gustav Forsberg/ 070-312 73 27	F 09/ Åsa Maja Augustsson/070--969 5378
IFK Umeå	F 09/ Daniel Sandberg/ 070-239 98 45	F 09/ Pia Usitalo/ 070-282 21 74
IFK Umeå	P 09/ Lotta Lundstedt/ 070-4807994	P 05/ Per Lundholm/070-631 91 16
IFK Umeå	P 09/ Fredrik Eriksson/073-0491861	P 05/ Mats Falck/070-214 40 40
IFK Umeå	F 09/ Johanna Larsson/ 070-217 91 65	P 06/ Manne Haake/070-514 57 33
IFK Umeå	Damjun 2/ Ulrika Forsberg/070-678 66 53	P 06/ Niklas Jansson/070-382 66 00
Water station 1		
IFK Umeå	Dam 3/ Anders Hörnlund/ 070-2944443	Dam 3/ Elin Hedman/070-516 05 66
IFK Umeå	Dam3/ Hanna Kämpe/070-815 44 27	Dam 3/ Nora Pettrsson/070-513 44 99
IFK Umeå	Dam 3/ Alva Holmström/070-602 09 44	Dam 3/ Pauline Mattsson/073-722 21 20
Water station 2		
IFK Umeå	Dam 3/ Claudia Saksa/072-504 28 35	Div 4 H/
IFK Umeå	Dam 3/ Tuva Andersson/070-236 44 43	Div 4H/
IFK Umeå	Div 4 H/	Div 4 H/
IFK Umeå	Div 4H/	Div 4H/
Finish line area		
IFK Umeå	F 09/ Lissaandro _Bernardo/073-631 83 07	F 09/ Johan Larsson/ 070-280 12 38
IFK Umeå	F 09 / Patric Åström/ 070-348 89 09	P 09/ Fredrik Karlsson/ 076-800 02 16
IFK Umeå	P 08 vit/ Apostolos Theos/ 070-281 15 65	P 09/ Fredrik/ 070-633 55 81
IFK Umeå		P 09/ Ansoumane Camara/ 072-2212445
IFK Umeå		P 09/ Marie Jakobsson/ 070-3084371
IFK Umeå	F 06/ A-S Jacobsson/070-660 98 82	F 07/08/ Janne Hallin/070-556 41 56
IFK Umeå	F 06/ Patrik Rådin/070-666 39 99	F 07/08/ Göran Ericsson
IFK Umeå	F 06/ Jörgen Stuge/070-444 64 54	F 06/ Olov Jansson/070-558 22 01
IFK Umeå	P 06/ Björn Paulsson/070-318 66 14	F 06/ Patric Åström/070-254 47 06
IFK Umeå	F 05/ Mikael Rännar/070-670 38 50	F 06/ Åsa Andersson/073-032 64 19
IFK Umeå	F 05/ Jennie Josefsson/070-565 72 74	F 05/ Helen Damlin/073-024 74 35

IFK Umeå	P 04/ Maria Ekström/ 070-525 2665	F 05/ Hans Perneholm/070-316 05 67
IFK Umeå	P 04/ Hassan Hadi Pour/073-552 19 40	P 04/ Eva-Marie Pesonen/ 070-250 32 71
IFK Umeå	P 05/ Susanne Elback/070-516 35 35	P 05/ Daniel Sundgren/070-544 54 14
Shop/Mercandise		
Toughest		
IFK Umeå	P 08 vit/ Maria Törnblom/070-6263873	P 09/ Henrik Andersson/073-0772420
IFK Umeå	P 08 vit/ Robert Palmgren/ 070-6110560	P 09/ Johanna Thornkvist/ 070-2080465
IFK Umeå	F 05/ Magnus Gripenrot/070-695 85 05	P 07/08/ Pernilla Holmberg/ 070-3952648
IFK Umeå	F 05/ Maria Andersson/070-775 38 53	F 07/08/ Magnus Lundgren /072-7324627
Parkering		
IFK Umeå	P 08 vit/ Robert Sjöberg/070-6477646	P 08 vit/ Peter Berggren/076-1444958
IFK Umeå	Damjun 2/ Ulrika Forsberg/070-678 66 53	F 05/ Mattias Andersson/070-589 34 20
IFK Umeå	F 07/08/ Lars Lundstedt/ 073-3469025	F 06/ Erik Domellöf/073-993 53 93
IFK Umeå	F 07/08/ Ulrika Isaksson/ 070-5684942	F 06/ Johan Borsen/070-601 30 09
IFK Umeå	P 06/ Kristina Waldenborg/070-668 04 67	P 05/ Daniel Wahlström/070-675 12 84
IFK Umeå	P 06/ PeterLlundin/0872-741 55 02	P 05/ Jonas Redin/070-574 56 18
Picking up litter		
IFK Umeå	Div 4 H/	Div 4 H/
IFK Umeå	Div 4H/	Div 4H/
IFK Umeå	Dam Jun 2	Dam Jun 2
IFK Umeå	Dam Jun 2	Dam Jun 2

Hinder

Course		
Name		
	8 - 12	12-16
2. Ninja jump		
IFK Umeå	F 09/ Per 070-248 77 38	F 09/ Karin 070-655 239 39
IFK Umeå	F 09/ Malin 0730-665 068	F 09/ Kornelia 070-331 49 56
IFK Umeå	F 09/ Therese 070-345 50 73	F 09/ Daniel 070-992 31 98
6. Irish Table		
IFK Umeå	Dam 3/ Claudia Saksa/072-504 28 35	Dam 3/ Hanna Boberg/ 070-516 37 63
IFK Umeå	Dam 3/ Tuva Andersson/ 070-236 44 43	Dam 3/ Tindra Hansson/070-611 11 87
7. Wreck Bags		
IFK Umeå	F 06/ Mats Löfström/070-558 73 43	F 06/ Jenny Rönnlund/073-067 99 76
IFK Umeå	F 06/ Anna Gemzell/073-067 99 76	F 06/ Helen Wall/070-558 73 42
8. Dragons Back		
IFK Umeå	P 09/ Josefin Brännvall/ 070-349 77 91	F 07/08/ Fredrik Eriksson/073-0491861
IFK Umeå	P 09/ Joakim Lindvall/ 070-2391778	F 06/ Johan Larsson/073-280 12 38

11. Carry a log		
IFK Umeå	F 07/08/ Jennie Josefsson/ 070-5657274	P 06/ Mats Falck/070-214 40 40
IFK Umeå	F 07/08/ Emil Arnlund/ 070-7312327	P 04/ Mikael/Maria Törnblom/ 070-626 38 73
12. Swamp		
IFK Umeå	P 06/ Robert Lundström/070-631 59 03	P 06/ Annika Wikström/070-588 48 61
IFK Umeå	P 06/ Sara Packman/073-069 60 19	P 06/ Stina Jansson/070-656 72 17
13. Traverse rings		
IFK Umeå	F 05/ Patrick Wiktorsson/070-624 00 54	F 05/ Irene Berg/070-226 13 95
IFK Umeå	F 05/ Mattias Olofsson/070-616 62 18	F 05/ Victoria Bernhardtson/070-642 78 98
IFK Umeå	F 05/ Kenth Holmberg/072-537 62 11	F 05/ Urban Markström/070-583 89 71
14. Balance		
IFK Umeå	P 05/ Anna-Karin Forsberg/073-078 00 31	P 05/ Claes Forsberg/070-252 68 68
IFK Umeå	P 05/ Roger Matti/070-370 76 16	P 05/ Claes Emteryd
15. Down under		
IFK Umeå	P 05/ Sara Bergqvist/070-644 71 58	P 05/ Mattias Hansson/070-377 21 01
IFK Umeå	P 05/ Lars Olsson/070-341 67 66	P 08 vit/ Therese Lundström/070-206 97 00
IFK Umeå	P 05/ Mikael Törnblom/070-6605867	P 08 vit/ Emma Hammarberg/ 070-239 83 11
16. Ropes Climbing		
IFK Umeå	F 07/08/ Anne Bäckström/ 070-392 85 29	Damjun 2/ Ulrika Forsberg/070-678 66 53
IFK Umeå	F 07/08/ Peter Gottfridsson/ 070-369 15 74	Damjun 2/ Ulrika Forsberg/070-678 66 53
IFK Umeå	Damjun 2/ Ulrika Forsberg/070-678 66 53	Damjun 2/ Ulrika Forsberg/070-678 66 53
IFK Umeå	Damjun 2/ Ulrika Forsberg/070-678 66 53	Damjun 2/ Ulrika Forsberg/070-678 66 53
17. Floating Walls		
IFK Umeå	Div 4H	P 09/ Johanna Salander/070-232 11 U64
IFK Umeå	Div 4H	P 09/ Åsa Gustafsson/ 070-461 14 24
IFK Umeå	Damjun 2/ Ulrika Forsberg/070-678 66 53	F 07/08/ Mahmod Al Turk/072-2253936
18. Mud Swing		
IFK Umeå	P 04/ Pierre el Åsa Sjögren/ 070-308 26 85	F 09/ Maria/070-639 38 76
IFK Umeå	Damjun 2/ Ulrika Forsberg/070-678 66 53	F 09/ Andreas/070-339 39 16
22. Jerry Cans		
IFK Umeå	F 06/ Fredrik Harr/073-047 5196	F 07/08/ Marcus Andersson /070-374 00 68
IFK Umeå	F 06/ Boa Drammeh/070-598 89 80	F 07/08/ Karl Rohlin/070-330 02 59
25. Traverse Walls		
IFK Umeå	P 04/ Martin Olsson/	P 06/ Nils-Erik Johannesson/070-344 16 67
IFK Umeå	P 04/ Anders / 070-413 01 44	Herrjun/ Axel Werner/076-861 99 88
26. Monkey Bar		
IFK Umeå	P 05/ Ulrika Forsling/070-365 68 45	F 06/ Håkan Wingfors/072- 570 92 74
IFK Umeå	P 05/ Peter Brändström/0735-100 031	F 06/ Martina Boden/070-073 20 69
IFK Umeå	P 05/ Patrik Kjellgren/070-674 52 73	F 06/ Per Johannsen/076-838 22 34

29. Dip Walk		
IFK Umeå	P 06 /Christin Johansson/070-393 84 62	F 05 /Per-Erik Brändström/070-225 14 93
IFK Umeå	P 06 /Peder Sandqvist/073-025 01 69	F 05 /Helen Damlin/0730-247 435
30. Sandbells		
IFK Umeå		Dam 3 /Lisa Eriksson/073-033 77 65
IFK Umeå		Dam 3 /Denice Brodin/070-139 14 88
31. Platinum Rig		
IFK Umeå	F 05/Karin	Harry Karlsson / 070-228 63 92
IFK Umeå	F 05/Stina	
IFK Umeå	F 07/08 / Karin Sikström / 072-223 41 41	