

	Måndag	Tisdag	Onsdag	Torsdag	Fredag	Lördag
16:30 - 16:45						
16:45 - 17:00						
17:00 - 17:15					F19-20	
17:15 - 17:30	P16	P17	F16-17	P20	P18	17:00-18:00
17:30 - 17:45	17:15-18:30	17:15-18:30	17:15-18:30	17:15-18:30	17:15-18:30	
17:45 - 18:00						
18:00 - 18:15						
18:15 - 18:30						
18:30 - 18:45						
18:45 - 19:00	P14	Träning damcup	P14	P16		
19:00 - 19:15	18:30-19:45	fr.om. 13	18:30-19:45	18:30-19:30		
19:15 - 19:30		oktober				
19:30 - 19:45						
19:45 - 20:00						
20:00 - 20:15	P13	Herr-senior	P13			
20:15 - 20:30	19:45-21:00	19:45-21:00	19:45-21:00			
20:30 - 20:45				Herr-senior		
20:45 - 21:00				20:30-22:00		
21:00 - 21:15						
21:15 - 21:30						
21:30 - 21:45						
21:45 - 22:00						

	Söndag
9:00 - 9:15	
9:15 - 9:30	
9:30 - 9:45	
9:45 - 10:00	
10:00 - 10:15	Barngympa 10:00-11:00
10:15 - 10:30	
10:30 - 10:45	
10:45 - 11:00	
11:00 - 11:15	P19
11:15 - 11:30	11:00-
11:30 - 11:45	PF21
11:45 - 12:00	11:00-
12:00 - 12:15	
12:15 - 12:30	
12:30 - 12:45	
12:45 - 13:00	