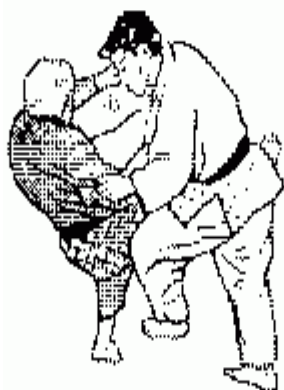


# 4 Kyu



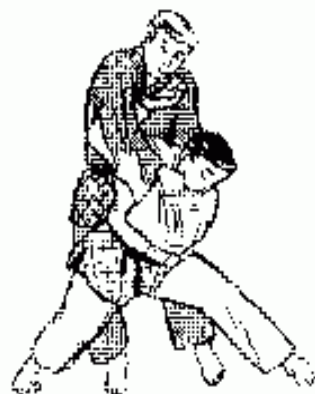
Tsuri Goshi



Ko Soto Gari



Eri Seoi Nage



Seoi Otoshi



Ushiro Kesa Gatame



Kubi Nage



Ippon Seoi Nage



Yoko Shiho Gatame



Kuzure-Kami-Shiho-Gatame



Juji Gatame



Gyaku Juji Jime



Waki Gatame



Kata Juji Jime