

# 2 Kyu Tachi Waza



**Ushiro Goshi**



**Te Guruma**



**Tsurikomi Goshi**



**Kata Guruma**



**Hane Makikomi**



**Hane Goshi**



**Ashi Guruma**



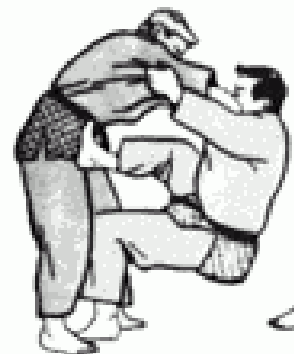
**Uki Waza**



**Sumi Gaeshi**



**Yoko Wakare**



**Tomoe Nage**

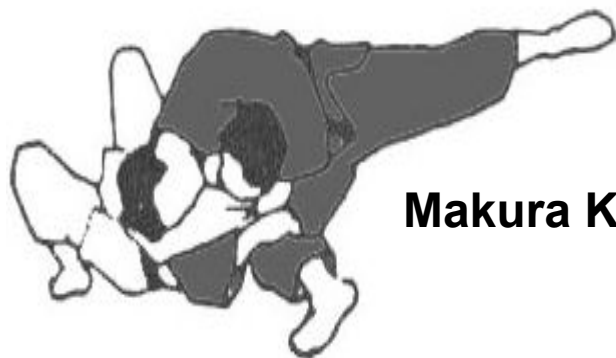
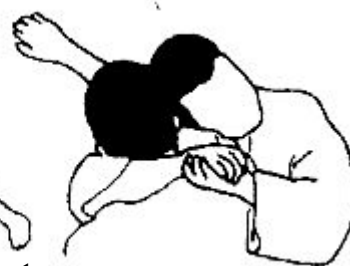
# 2 Kyu Ne waza



**Kesa Gatame**



**Kata Gatame**



**Makura Kesa Gatame**



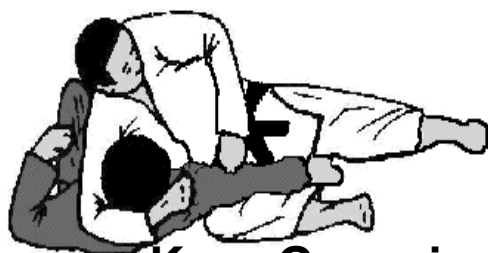
**Tsukomi Jime**



## Kansetsu/ Shime Waza



**Kanuki Gatame**



**Kesa Garami**



**Sode Guruma Jime**



**Sankaku Jime**