

Kvaltider och kvalperioder DM/JDM (OBS inga kvaltider till Masters/Para)

JDM/DM	Damer			Mixed	Mixed	Herrar		
	25 m	50 m	25 y	25 m	50 m	25 m	50 m	25 y
50 frisim	00:29.62	00:30.57	00:26.68			00:27.06	00:28.15	00:24.38
100 frisim	01:04.08	01:05.84	00:57.72			00:58.73	01:01.05	00:52.91
200 frisim	02:19.18	02:23.01	02:05.39			02:09.05	02:14.11	01:56.25
400 frisim	04:56.29	05:04.84	05:38.60			04:38.67	04:48.34	05:18.48
800 frisim	10:17.30	10:34.62	11:45.46			09:47.99	10:10.47	11:11.99
1500 frisim	19:49.64	20:36.32	19:42.53			18:55.13	19:31.82	18:48.35
50 bröstsim	00:36.88	00:37.85	00:33.22			00:33.80	00:35.07	00:30.43
100 bröstsim	01:19.64	01:22.58	01:11.74			01:13.76	01:17.40	01:06.44
200 bröstsim	02:54.05	03:01.15	02:36.79			02:42.32	02:50.47	02:26.23
50 ryggsim	00:33.40	00:34.83	00:30.09			00:31.06	00:32.76	00:27.98
100 ryggsim	01:11.53	01:14.98	01:01.14			01:06.38	01:10.23	00:59.79
200 ryggsim	02:36.39	02:43.37	02:20.89			02:26.66	02:34.56	02:12.11
50 fjärilsim	00:31.71	00:32.24	00:28.57			00:29.09	00:29.62	00:26.21
100 fjärilsim	01:10.64	01:12.38	01:03.65			01:04.53	01:05.94	00:58.13
200 fjärilsim	02:39.91	02:45.73	02:24.06			02:27.62	02:32.88	02:12.99
100 medley	01:13.19	-	01:05.93			01:07.12	-	01:00.46
200 medley	02:37.51	02:42.87	02:24.06			02:26.45	02:32.07	02:11.93
400 medley	05:36.95	05:50.08	05:03.56			05:17.57	05:32.42	04:46.09
4x50 frisim	02:01.30	02:05.08	-			01:52.08	01:56.44	-
4x100 frisim	04:41.60	04:35.08	-	04:11.89	04:21.87	04:02.79	04:14.30	-
4x200 frisim	09:45.73	10:07.68	-			08:58.99	09:25.99	-
4x50 medley	02:12.58	02:16.44	-			02:01.93	02:06.51	-
4x100 medley	04:52.41	05:04.19	-	04:37.95	04:50.85	04:29.46	04:43.82	-

Kvalperiod	50 m	2023-01-01 – 2024-05-26
	25 m	2023-01-01 – 2024-10-13