

SKATING SCHOOL STARTS!

11 OCTOBER 2026 • RELIABLE ARENA

Gulldragargränd 100, VÄLLINGBY

Hi!

There is now only one week to go until HKHC Skating School finally gets started! On Sunday, 11 October, we start at Reliable Arena, and we are really looking forward to meeting all the children and families on the ice.

BEFORE THE FIRST PRACTICE

Start: 11 October

Location: Reliable Arena, Gulldragargränd 100, VÄLLINGBY

Time: 13:00–14:00

Please arrive in good time before practice so that your child has enough time to change and put on their equipment calmly. If you are borrowing equipment, please arrive at least 1 hour before practice.

COACHES / PARENTS

At Skating School, which is for our beginners, parents are welcome on the ice provided they are wearing a proper hockey helmet and skates. Parents may stay in the bench area during the first part of the season. After that, we ask parents to stay in the stands and in our café.

WHAT YOUR CHILD NEEDS

- Helmet with cage
- Skates
- Neck guard
- Hockey gloves
- Stick
- Other hockey equipment according to the information on our website

More information about loan equipment can be found here: [Loan Equipment – Equipment Guide](#)

Changing takes place in our large changing rooms. Please arrive at least 30 minutes before practice, and 1 hour before practice if you are borrowing equipment.

ALL INFORMATION IS AVAILABLE ON THE HOCKEY SCHOOL WEBSITE

Boys: <https://www.hkhc.se/start/?ID=335360>

Girls: <https://www.hkhc.se/start/?ID=393980>

There you can find information about practice times, equipment, registration and what applies before practices.

We look forward to filling Reliable Arena with skates, sticks, joy and lots of hockey! 🏒

WELCOME TO HKHC SKATING / HOCKEY SCHOOL!

Hässelby Kälvesta Hockey Club