

Tidsprogram USM+WML 240203

Start time	Distance	Gender	Age Groups	
11:00	Lagledarmöte			
11:15	Funktionärsmöte			
11:30	Opening ceremony			
11:45	Ice preparation long		30 min	
12:15	500m	w	C1 C2	3 P
	500m	m	C1 C2	7 P
	500m	w	B1 B2	4 P
	500m	m	B1 B2	4 P
13:00	500 m F-D-E	w	E1 E2 F1 F2 D1 D2	11 P
	500m	w	A1 A2 M35 M40 M45 M50 M60 M65 M70 M55 Neo	3 P
	Ice preparation long		30 min	
14:00	1500m	w	C1 C2	3 P
	1500m	m	C1 C2	7 P
	1500m	w	B1 B2	4 P
	1500m	m	B1 B2	4 P
	Ice preparation long		20 min	
15:20	300m	w	E1 E2 F1 F2 D1 D2	10 P
	1500m	w	D1 D2	1 P
	1500m	w	A1 A2 M35 M40 M45 M55 M60 M65 M70 Neo M50	3 P
	Paus		15 min	
16:10	Relay 3x1000	w	B1 B2 C1 C2	?
19:00	Kamratmåltid		Quality Hotel The Weaver	