



PARENTAL POLICY

Västra Frölunda IF strives for quality throughout its activity, this also applies to your participation as a parent. Almost everyone involved in the youth section are parents themselves. In fact, active parents are one of the primary conditions for us to run our youth activity. We therefore assume that the parents who take their child or children to our association are also involved and taking responsibility.

Parental actions

- **The club's activities** - parents are expected to participate actively in, for example, the café activity, ICA Skona cup, Nordic cup, Gothia cup, etc. The dates for this are provided in the form of a rough plan for the year. This is presented at the beginning of the year, so you parents know which dates we need your help.
- **Parent group** - in each age group there should be a parent group that contains the following:
 - Responsible for the economy
 - Responsible for the café
 - Responsible for the cup
 - Plus another two or three parents working on planning the team's activities.

Of course, you take turns holding a position in the parent group. Shared burden is easier to carry, as everyone knows.

- **Driving to matches** - the children want their parents present at matches and training sessions. Try to coordinate your journeys so that you take turns. Remember that not everyone has a car or a driving license. Their gratitude for your thoughtfulness and help with driving their children is difficult to express in words.
- **Et cetera** - you never know what situations may arise. Try to have an open mind and, like the players, dare to test and challenge yourself in new situations. It may sometimes be that the club or the leaders ask for assistance. If you then have the opportunity to help, we are eternally grateful.

During training and matches

Gothenburg Football Association has prepared a folder available at the association's office: The 10 Commandments. The purpose of the folder is to in a simple way specify what your parents' associations, players and leaders need during training and matches.

It is as follows (some revision has taken place):

The 10 Commandments

- Help your child to get to the activity on time
- Help your child to bring the right equipment
- Respect how the coach directs the players - do not try to influence him/her during the match or training
- Encourage all players in the team during the match and training - not just your daughter or son
- Encourage them both when winning and losing
- Be positive and guiding
- Be positive towards the referee, the opponents' leaders and their players
- Encourage your child to participate - do not force
- Ask if the match or training was fun, exciting and fair - not just what the result was
- In all situations, be an example for your child and Västra Frölunda IF

Who's coaching?

During matches and training, it is the coaches and leaders who manage the team. Parents, relatives and audience should not try to influence the coaches training or coaching. All audience should be on the opposite long side in relation to leaders and players. If you have comments on something then you should ask questions to the coach after the match or training. If you do not accept the answer, you should contact the Youth Manager in the association and not continue to argue with the coach.

Summary

- Acquaint yourself with the club's policy
- Respect the association's youth activity and policy
- Remember that it is your child who plays football - not you!