



RISEN loppet

1 Maj 2025

K 5km

Pos	Nr	Namn	År	Förening	Varv	Tid
1	519	JÖRGENSEN Anna	2007	MAI	1	0:19:54,0
2	526	MELLQVIST Jessica	1989	Spring	1	0:20:05,5
3	550	WENNERBECK Karolin	1975	Björnstorps If	1	0:21:33,0
4	518	HÖCKERSTRAND DANIELSSON Sandra	1990	Goldrunners	1	0:21:47,0
5	529	NILSSON Rebecca	1993		1	0:21:48,7
6	508	DAHLQVIST Jona	1967	Heleneholms IF	1	0:23:21,5
7	566	TANNER Elin	1988		1	0:23:32,6
8	505	ASK Hilda	2011	Hamamenhögs IF	1	0:23:48,6
9	571	GÖRANSSON Alicia			1	0:26:29,1
10	546	TENGRUD Erika	1980		1	0:27:07,3
11	545	TENGRUD Agnes	2012		1	0:27:07,5
12	535	PLEWINSKA Maja	2009		1	0:27:11,9
13	559	GRENLUND Ebba	2013	Lunds OK	1	0:27:24,7
14	569	SJÖLUND Ella			1	0:27:35,0
15	512	ERIKSSON Linnea	2015	Bjärred	1	0:27:35,0
16	521	LARSEN Elisabeth	1981		1	0:28:39,0
17	507	BÖIERS Ulrika	1979		1	0:29:00,4
18	516	GÖRANSSON Lisa	1981	LI	1	0:29:47,5
19	570	GRIMSHORN Malin			1	0:29:58,3
20	511	ERIKSSON Christina	1984	Bjärred	1	0:29:58,6
21	557	WESTERBERG Ida		Genarps IF	1	0:29:59,0
22	552	NORDSTRÖM Stina	2012	GIF	1	0:29:59,5
23	509	EK Elin	1986		1	0:30:27,6
24	547	THIER Catrin	1964		1	0:30:59,8
25	534	PELINDER Emilia	2014	Genarp	1	0:31:04,9
26	517	HAVÄNG Sofie	1986	Malmö Ok	1	0:31:13,3
27	567	LIND Britt-Marie	1942	GF Idrott	1	0:32:42,5
28	536	ROODENBURG José	1964	Lonneker	1	0:33:35,0
29	563	LANZ Nadine	2014		1	0:34:25,3
30	542	STRANDBERG Astrid	2012	Genarps IF	1	0:35:23,0
31	527	MJAU NILSSON Marina	1967		1	0:35:29,1
32	540	SJÖSTRAND Lisa	1988		1	0:35:35,6
33	515	GÄNGE-GOOD Anna	1996		1	0:36:22,1
34	195	SANCHEZ VALENCIA Andrea	1985	Magle Chemoswed	1	0:43:33,5

M 5km

Pos	Nr	Namn	År	Förening	Varv	Tid
1	530	OLSSON Emil	1989	IF Ski Team Skåne	1	0:17:41,2
2	573	CARLSSON Gustav	2012		1	0:19:36,7
3	565	TANNER Fredrik	1985		1	0:19:42,6
4	561	PÅLSSON Johan	1994		1	0:20:16,8
5	524	MELLERUP Edvin	2011	IBK Genarp	1	0:21:10,3
6	531	OMME Arvid	2014	Genarps IF	1	0:21:10,3
7	506	BENKÖ Gabor	1974	Tetra Pak IF	1	0:21:30,0
8	501	ANDERSSON Albin	2009		1	0:21:31,1
9	522	LINDMAN Ville	2011	Dalby GIF	1	0:21:42,6
10	539	SCHEFFLER Viggo	2009	Genarps IF	1	0:21:52,7
11	555	FRANZÉN Magnus	1976		1	0:21:54,5
12	503	ANDERSSON Roger	1973	Ystad	1	0:23:00,9
13	504	ARNESSON Tommy	1953	Ystads IF Friidrott	1	0:23:46,9
14	525	MELLERUP Milton	2009	IBK Genarp	1	0:24:02,3
15	551	WINTHER Marvin	2012	Genarps IF	1	0:24:08,6
16	572	MILLBOURN Max	2012		1	0:24:40,9
17	541	STERNER Gunnar	1948	Heleneholms IF	1	0:24:52,9
18	556	FRANZÉN Stig	2012		1	0:25:42,3
19	548	TORNBERG Marcus	1979		1	0:26:57,6
20	560	GRENLUND Rasmus	1978	Lunds OK	1	0:27:24,3
21	568	SJÖLUND Oile			1	0:27:40,3
22	537	ROSENGREN Kenneth	1952	IK Pallas	1	0:28:05,0
23	543	STRANDBERG Axel	2015	Genarps IF	1	0:28:38,5
24	553	NORDSTRÖM Hugo	2015	GIF	1	0:28:42,6
25	554	NORDSTRÖM Johan	1978	GIF	1	0:28:44,4
26	520	KATHY Attila	1965	Tetra Pak IF	1	0:29:02,5
27	502	ANDERSSON Håkan	1964	Tetra Pak IF	1	0:29:13,2



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28	523	LINELL Kerry	1950	Björnstorps If	1	0:29:24,4
29	562	PREMERT Nikolaj	2014		1	0:29:46,3
30	538	SCHEFFLER Frode	2013	Genarps IF	1	0:30:00,7
31	558	WESTERBERG Johan			1	0:30:01,9
32	549	VANG KRISTENSEN Kasper	1979	Genarp	1	0:31:07,6
33	564	LANZ Fredrik	1981		1	0:34:25,6
34	134	GLÄDJEKNUFF Glädjeknuff	2010	Glädjeknuff	1	0:34:48,3
35	533	PALMAEUS Johan	1974	Intra Refresh	1	0:47:57,0
36	532	PALMAEUS Hsuan-Wei	2014	Genarps IF	1	0:47:59,5



RISEN loppet

1 Maj 2025

Flickor 5km

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	505	ASK Hilda	2011	Hamamenhögs IF	1	0:23:48,6	00:00:00
2	571	GÖRANSSON Alicia			1	0:26:29,1	00:02:41
3	545	TENGRUD Agnes	2012		1	0:27:07,5	00:03:19
4	535	PLEWINSKA Maja	2009		1	0:27:11,9	00:03:23
5	559	GRENLUND Ebba	2013	Lunds OK	1	0:27:24,7	00:03:36
6	512	ERIKSSON Linnea	2015	Bjärred	1	0:27:35,0	00:03:47
7	557	WESTERBERG Ida		Genarps IF	1	0:29:59,0	00:06:11
8	552	NORDSTRÖM Stina	2012	GIF	1	0:29:59,5	00:06:11
9	534	PELINDER Emilia	2014	Genarp	1	0:31:04,9	00:07:16
10	563	LANZ Nadine	2014		1	0:34:25,3	00:10:37
11	542	STRANDBERG Astrid	2012	Genarps IF	1	0:35:23,0	00:11:35

Pojkar 5km

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	573	CARLSSON Gustav	2012		1	0:19:36,7	00:00:00
2	524	MELLERUP Edvin	2011	IBK Genarp	1	0:21:10,3	00:01:34
3	531	OMME Arvid	2014	Genarps IF	1	0:21:10,3	00:01:34
4	501	ANDERSSON Albin	2009		1	0:21:31,1	00:01:55
5	522	LINDMAN Ville	2011	Dalby GIF	1	0:21:42,6	00:02:06
6	539	SCHEFFLER Viggo	2009	Genarps IF	1	0:21:52,7	00:02:16
7	525	MELLERUP Milton	2009	IBK Genarp	1	0:24:02,3	00:04:26
8	551	WINTHER Marvin	2012	Genarps IF	1	0:24:08,6	00:04:32
9	572	MILLBOURN Max	2012		1	0:24:40,9	00:05:04
10	556	FRANZÉN Stig	2012		1	0:25:42,3	00:06:06
11	543	STRANDBERG Axel	2015	Genarps IF	1	0:28:38,5	00:09:02
12	553	NORDSTRÖM Hugo	2015	GIF	1	0:28:42,6	00:09:06
13	562	PREMERT Nikolaj	2014		1	0:29:46,3	00:10:10
14	538	SCHEFFLER Frode	2013	Genarps IF	1	0:30:00,7	00:10:24
15	532	PALMAEUS Hsuan-Wei	2014	Genarps IF	1	0:47:59,5	00:28:23

Kvinnor 5km

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	519	JÖRGENSEN Anna	2007	MAI	1	0:19:54,0	00:00:00
2	526	MELLQVIST Jessica	1989	Spring	1	0:20:05,5	00:00:11
3	550	WENNERBECK Karolin	1975	Björnstorps If	1	0:21:33,0	00:01:39
4	518	HÖCKERSTRAND DANIELSSON Sandra	1990	Goldrunners	1	0:21:47,0	00:01:53
5	529	NILSSON Rebecca	1993		1	0:21:48,7	00:01:54
6	508	DAHLQVIST Jona	1967	Heleneholms IF	1	0:23:21,5	00:03:27
7	566	TANNER Elin	1988		1	0:23:32,6	00:03:38
8	546	TENGRUD Erika	1980		1	0:27:07,3	00:07:13
9	569	SJÖLUND Ella			1	0:27:35,0	00:07:41
10	521	LARSEN Elisabeth	1981		1	0:28:39,0	00:08:45
11	507	BÖIERS Ulrika	1979		1	0:29:00,4	00:09:06
12	516	GÖRANSSON Lisa	1981	LI	1	0:29:47,5	00:09:53
13	570	GRIMSHORN Malin			1	0:29:58,3	00:10:04
14	511	ERIKSSON Christina	1984	Bjärred	1	0:29:58,6	00:10:04
15	509	EK Elin	1986		1	0:30:27,6	00:10:33
16	547	THIER Catrin	1964		1	0:30:59,8	00:11:05
17	517	HAVÄNG Sofie	1986	Malmö Ok	1	0:31:13,3	00:11:19
18	567	LIND Britt-Marie	1942	GF Idrott	1	0:32:42,5	00:12:48
19	536	ROODENBURG José	1964	Lonneker	1	0:33:35,0	00:13:41
20	527	MJAU NILSSON Marina	1967		1	0:35:29,1	00:15:35
21	540	SJÖSTRAND Lisa	1988		1	0:35:35,6	00:15:41
22	515	GÅNGE-GOOD Anna	1996		1	0:36:22,1	00:16:28
23	195	SANCHEZ VALENCIA Andrea	1985	Magle Chemoswed	1	0:43:33,5	00:23:39



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Män 5km

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	530	OLSSON Emil	1989	IF Ski Team Skåne	1	0:17:41,2	00:00:00
2	565	TANNER Fredrik	1985		1	0:19:42,6	00:02:01
3	561	PÅLSSON Johan	1994		1	0:20:16,8	00:02:35
4	506	BENKÖ Gabor	1974	Tetra Pak IF	1	0:21:30,0	00:03:49
5	555	FRANZÉN Magnus	1976		1	0:21:54,5	00:04:13
6	503	ANDERSSON Roger	1973	Ystad	1	0:23:00,9	00:05:19
7	504	ARNESSON Tommy	1953	Ystads IF Friidrott	1	0:23:46,9	00:06:05
8	541	STERNER Gunnar	1948	Heleneholms IF	1	0:24:52,9	00:07:11
9	548	TORNBERG Marcus	1979		1	0:26:57,6	00:09:16
10	560	GRENLUND Rasmus	1978	Lunds OK	1	0:27:24,3	00:09:43
11	568	SJÖLUND Olle			1	0:27:40,3	00:09:59
12	537	ROSENGREN Kenneth	1952	IK Pallas	1	0:28:05,0	00:10:24
13	554	NORDSTRÖM Johan	1978	GIF	1	0:28:44,4	00:11:03
14	520	KATHY Attila	1965	Tetra Pak IF	1	0:29:02,5	00:11:21
15	502	ANDERSSON Håkan	1964	Tetra Pak IF	1	0:29:13,2	00:11:32
16	523	LINELL Kerry	1950	Björnstorps If	1	0:29:24,4	00:11:43
17	558	WESTERBERG Johan			1	0:30:01,9	00:12:20
18	549	VANG KRISTENSEN Kasper	1979	Genarp	1	0:31:07,6	00:13:26
19	564	LANZ Fredrik	1981		1	0:34:25,6	00:16:44
20	134	GLÄDJEKNUFF Glädjeknuff	2010	Glädjeknuff	1	0:34:48,3	00:17:07
21	533	PALMAEUS Johan	1974	Intra Refresh	1	0:47:57,0	00:30:16

Kvinnor 10,7km

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	132	FRIDLUND Jessica	1985	Skurups Persiennservice	1	0:44:02,0	00:00:00
2	189	OMME Therese	1982	Genarps IF	1	0:45:02,6	00:01:00
3	161	LINDMAN Stina	1981	Lugi	1	0:47:12,3	00:03:10
4	153	KRONBERG Hanna	1974	Söderåsens FK	1	0:50:17,0	00:06:15
5	218	WIGREN Matilda	1989	WWRC	1	0:52:17,9	00:08:15
6	194	SALOMONSSON Ellinor	1996	Tetra Pak IF	1	0:52:38,6	00:08:36
7	173	MUNTER Sara	1993	Ystad	1	0:53:13,8	00:09:11
8	214	WEDGEWORTH Maria	1976	MAI Runners	1	0:54:28,3	00:10:26
9	224	KRISTOFFERSSON Emma			1	0:54:40,1	00:10:38
10	147	JACOBSON Jenny	1987	USWE Sports AB	1	0:55:39,7	00:11:37
11	144	HANSSON Katarina	1966	Björnstorps If	1	0:55:43,6	00:11:41
12	168	LÖNN Anna	1979	Malmöpolisens IF	1	0:57:05,5	00:13:03
13	110	BRANDT Sofie	1989	Hörby	1	0:57:17,7	00:13:15
14	219	ÅKESSON Lisette	1962	Björnstorps If	1	0:57:50,9	00:13:48
15	145	HOLMGREN Linnéa	1992		1	0:58:18,2	00:14:16
16	135	GREEN Katarina	1963	Grönby Boställe	1	0:58:21,1	00:14:19
17	242	ENELL Suzan	1984	Scania Road Runners	1	0:58:28,2	00:14:26
18	228	UNNERBÄCK Åsa	1979	Genarps IF	1	0:58:38,9	00:14:36
19	142	HAGLIND Elise	2008	Hedda Andersson	1	1:00:56,1	00:16:54
20	119	EK Erica	1988	Malmö Ok	1	1:01:21,4	00:17:19
21	206	SVENSSON Jonna	1986	Logitech	1	1:02:18,6	00:18:16
22	233	SJÖLUND Susan			1	1:02:44,0	00:18:42
23	121	EKBLAD Ylva	1968	Tetra Pak IF	1	1:02:52,1	00:18:50
24	138	GÖLIN Beatrice	1972	IS Göta	1	1:03:14,2	00:19:12
25	216	WESTERBACK Natalia	1996	Gymmet Bara	1	1:03:39,5	00:19:37
26	133	FUKUDA Sena	2008	Genarps IF	1	1:03:52,3	00:19:50
27	237	ELDELAND Amanda	1985		1	1:04:12,0	00:20:10
28	141	HAGLIND Christina	1971	CMade AB	1	1:05:27,2	00:21:25
29	209	TINEBO Ann-Charlotte	1982	Genarps IF	1	1:05:52,6	00:21:50
30	146	HÜNGSBERG Melanie	1979		1	1:06:11,5	00:22:09
31	162	LINDQUIST Nadine	1989		1	1:06:42,7	00:22:40
32	225	PLANELL Jenny	1985		1	1:06:58,0	00:22:56
33	106	BENGTTSSON Malin	1973	Tetra Pak IF	1	1:07:15,4	00:23:13
34	156	LANTZ Emelie	1989		1	1:08:12,3	00:24:10
35	178	MÖLLER Marie	1966	IK Pallas	1	1:09:58,8	00:25:56
36	165	LINK Emma	1979	Hjärup	1	1:10:30,6	00:26:28
37	235	LINDSKOG My	1989		1	1:11:02,3	00:27:00
38	130	FRANZON Emelia	1988	Klubblös	1	1:13:22,9	00:29:20
39	116	CEDERCRANTZ Åsa	1978		1	1:14:45,2	00:30:43
40	115	CEDERCRANTZ Astrid	2012		1	1:14:45,8	00:30:43



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41	163	LINDQVIST Ellinor	1986	Logitech	1	1:15:33,8	00:31:31
42	184	NYKJÆR Trine	1973		1	1:15:48,2	00:31:46
43	126	ESSE Steffanie	1973	Heleneholms IF	1	1:15:50,5	00:31:48
44	203	STILLING Sandra	1990		1	1:18:19,8	00:34:17
45	177	MÄRTENSSON Thina	1989		1	1:18:36,6	00:34:34
46	166	LUNDBERG Anette	1963	Heleneholms IF	1	1:19:15,6	00:35:13
47	211	WALLINDER Eva	1963		1	1:20:02,1	00:36:00
48	123	EMMERTZ Felicia	1993		1	1:26:13,3	00:42:11
49	159	LINDER Alexandra	1991	VO ambulans	1	1:26:14,0	00:42:12
50	229	KLANG COADY Hanna	1981		1	1:28:26,1	00:44:24
51	202	STILLING Maria	1988		1	1:29:09,8	00:45:07
52	136	GUSTAFSSON Cecilia	1989		1	1:29:32,3	00:45:30

Män 10,7km

Pos	Nr	Namn	År	Förening	Varv	Tid	Diff
1	107	BJÖRNSON Elias	1988	LK Spring Åmål	1	0:35:05,6	00:00:00
2	127	FAGIUS Erik	1986	Genarps IF	1	0:37:01,4	00:01:56
3	167	LUNDBERG Björn	1982	Björnstorps If	1	0:40:49,3	00:05:44
4	180	NILSSON Anders	1979	Ystads IF Friidrott	1	0:41:04,1	00:05:59
5	205	SUNDSTRÖM Martin	1984	Ystads IF Friidrott	1	0:41:10,9	00:06:05
6	232	VIDEFORS Jon	1976		1	0:43:05,4	00:08:00
7	118	EDVARDSSON Martin	1975	Ystads IF Friidrott	1	0:43:22,5	00:08:17
8	222	EINSTULEN Toni	1970	HLK-92	1	0:44:19,4	00:09:14
9	175	MÄNSSON Martin	1989	Sparta Przysiersk	1	0:44:25,4	00:09:20
10	174	MURRAY Stephen	1966	Björnstorps If	1	0:44:29,5	00:09:24
11	217	WIEDEL Christian	1987	Malmö Gerillalöpare	1	0:45:10,2	00:10:05
12	152	KASTBERG Pontus	1977	IS Göta	1	0:47:05,9	00:12:00
13	149	JONSSON Mattias	1970	MAI	1	0:47:27,0	00:12:22
14	150	JÖRGENSEN Christian	1964	MAI	1	0:48:03,0	00:12:58
15	102	ANDERSSON Jesper	1972	Sk Graal	1	0:48:50,3	00:13:45
16	221	BORG Henric	1971		1	0:48:51,1	00:13:46
17	128	FORSBERG Jan	1966	IK Pallas	1	0:48:55,4	00:13:50
18	131	FRANZON Hilding	1989	Franzbergs IK	1	0:48:58,2	00:13:53
19	169	MAGNUSSON Stefan	1965	Heleneholms IF	1	0:49:10,8	00:14:05
20	139	GÖRANSSON Anders	1982	The Anders Runners	1	0:49:23,0	00:14:18
21	185	OHLIN Daniel	1973	Björnstorps If	1	0:49:45,8	00:14:40
22	108	BLOMQVIST Andreas	1975	Helsingborg	1	0:50:10,6	00:15:05
23	160	LINDMAN Albin	2009	Lugi	1	0:50:37,2	00:15:32
24	101	ANDERSSON Björn	1987	Ängelholm	1	0:50:44,1	00:15:39
25	236	DUVANDER Fredrik	1978	Anders runners	1	0:50:49,9	00:15:44
26	187	OLSSON Jerry	1957	Björnstorps If	1	0:50:56,5	00:15:51
27	120	EK Jesper	1984		1	0:52:17,4	00:17:12
28	234	GÖRANSSON Per			1	0:52:24,5	00:17:19
29	193	SALEM Marcus	1978	Palmgatan runner(s)	1	0:52:29,0	00:17:24
30	198	SIMON Alvin	2010	Lund	1	0:53:01,9	00:17:56
31	207	SVENSSON Mats	1969	Tetra Pak IF	1	0:53:11,8	00:18:06
32	176	MÄRTENSSON Jimmy	1984		1	0:53:25,6	00:18:20
33	226	JOHNSON Oskar			1	0:54:00,2	00:18:55
34	199	SKANS Lars-Erik	1967	Heleneholms IF	1	0:54:11,5	00:19:06
35	114	CATO Sebastian	1987		1	0:54:17,7	00:19:12
36	112	BÖRJESSON Martin	1976	The Anders Runners	1	0:54:25,4	00:19:20
37	182	NILSSON Tomas	1969	Björnstorps If	1	0:54:38,3	00:19:33
38	190	PEDERSEN Bengt	1961	IK Pallas	1	0:55:00,4	00:19:55
39	201	STENT Matthew	1974	MoggyMerlinMojo Runners	1	0:55:07,9	00:20:02
40	213	WEDGEWORTH Chris	1972	Hotshot	1	0:55:17,2	00:20:12
41	151	KARLSSON Roger	1983	TNT Malmö	1	0:55:24,7	00:20:19
42	137	GÄNGE-GOOD David	1994		1	0:55:38,6	00:20:33
43	122	EKEDAHN Henrik	1985	Lund	1	0:55:56,7	00:20:51
44	140	HAGLIND Alexander	2010	Killebäck	1	0:56:13,6	00:21:08
45	186	OHLSSON Alexander	1992		1	0:56:28,9	00:21:23
46	200	STAFSTRÖM Mattias	1980	Polisens idrottsförening	1	0:56:48,7	00:21:43
47	231	WIGÅRDE Fredrik	1991		1	0:57:02,1	00:21:57
48	109	BRANDT Joakim	1991	Kebnekaise Climbers	1	0:57:14,8	00:22:09
49	143	HAGLIND Staffan	1972	Spirafu	1	0:57:34,2	00:22:29
50	155	LANDGREN Johan	1986	Mawima Teknik	1	0:58:11,5	00:23:06
51	124	ENELL Johan	1980		1	0:58:28,9	00:23:23



RISEN loppet

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52	154	KVELSTAD Dennis	1986		1	0:58:56,0	00:23:51
53	170	MELLERUP Gustaf	1975	Tetra Pak IF	1	1:01:08,1	00:26:03
54	157	LIND Oskar	1986	Scandwich	1	1:01:21,3	00:26:16
55	210	WALLENTIN Thorbjörn	1982	OQAM	1	1:02:17,2	00:27:12
56	191	PETTERSSON Torgny	1964	IK Pallas	1	1:02:39,3	00:27:34
57	172	MOLIN Andreas	1987		1	1:03:56,2	00:28:51
58	227	MALM Jesper	1992		1	1:04:48,4	00:29:43
59	215	WERTHER Alexander	1980	Charlie Foxtrot AB	1	1:04:48,6	00:29:43
60	179	NI Shitong	1980	Tetra Pak IF	1	1:05:59,4	00:30:54
61	220	GOA Fredrik	1962		1	1:06:32,3	00:31:27
62	208	SÖRÉN-SPARV Oskar	1990		1	1:08:12,0	00:33:07
63	148	JOHANSSON Morgan	1980	Tetra Pak IF	1	1:14:26,7	00:39:21
64	197	SHAMIM Arif	1974	Tetra Pak IF	1	1:17:25,7	00:42:20
65	111	BÖIERS Michael	1975		1	1:24:00,2	00:48:55
66	230	COADY Willem	2015		1	1:28:24,8	00:53:19
67	999	HANS Efterlöpare	1980	Genarps IF	1	1:29:33,0	00:54:28