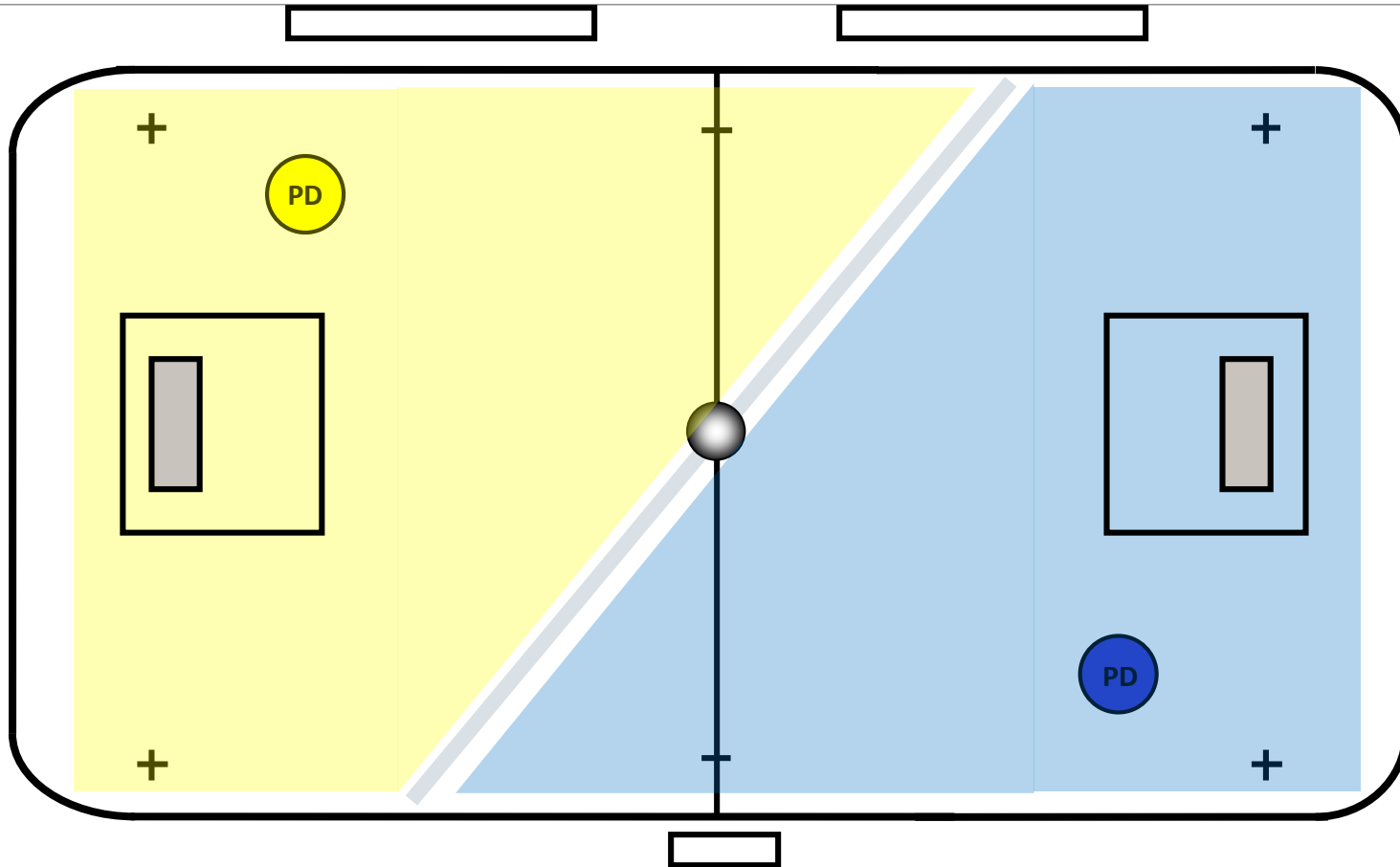


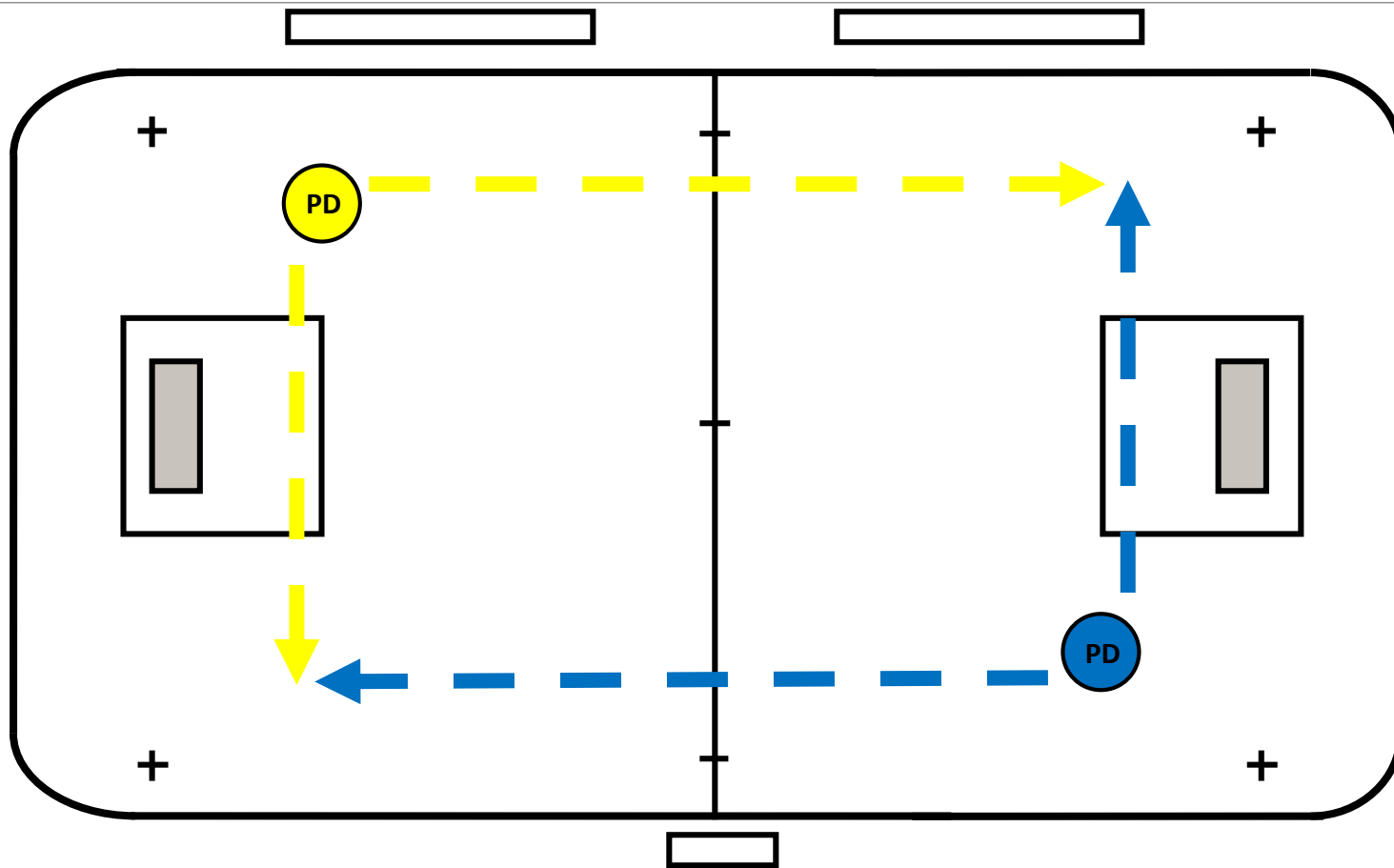
RPB (Rörelse - Position – Bedömning)



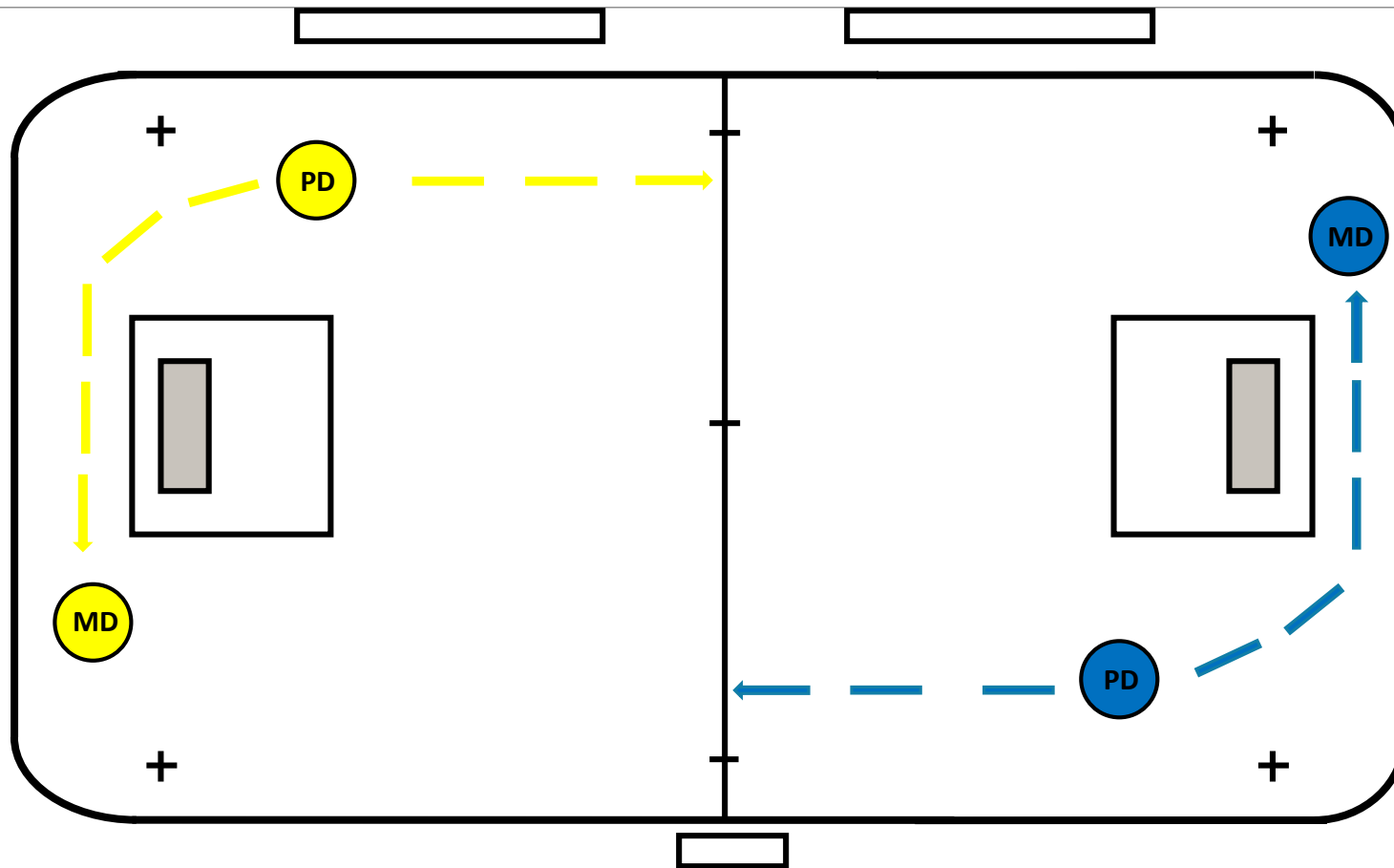
Grunden för planuppdelning

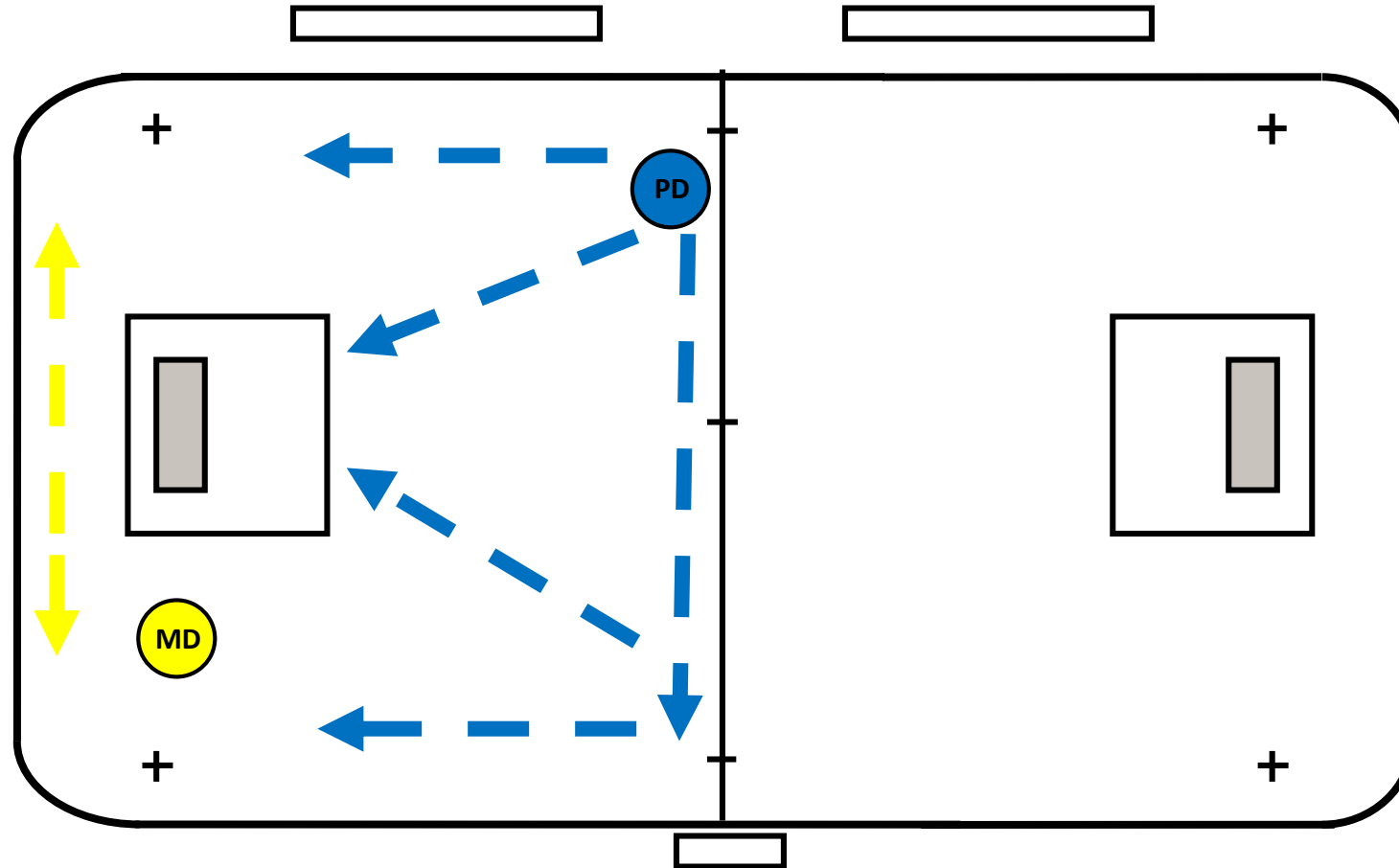


Grundpositioner

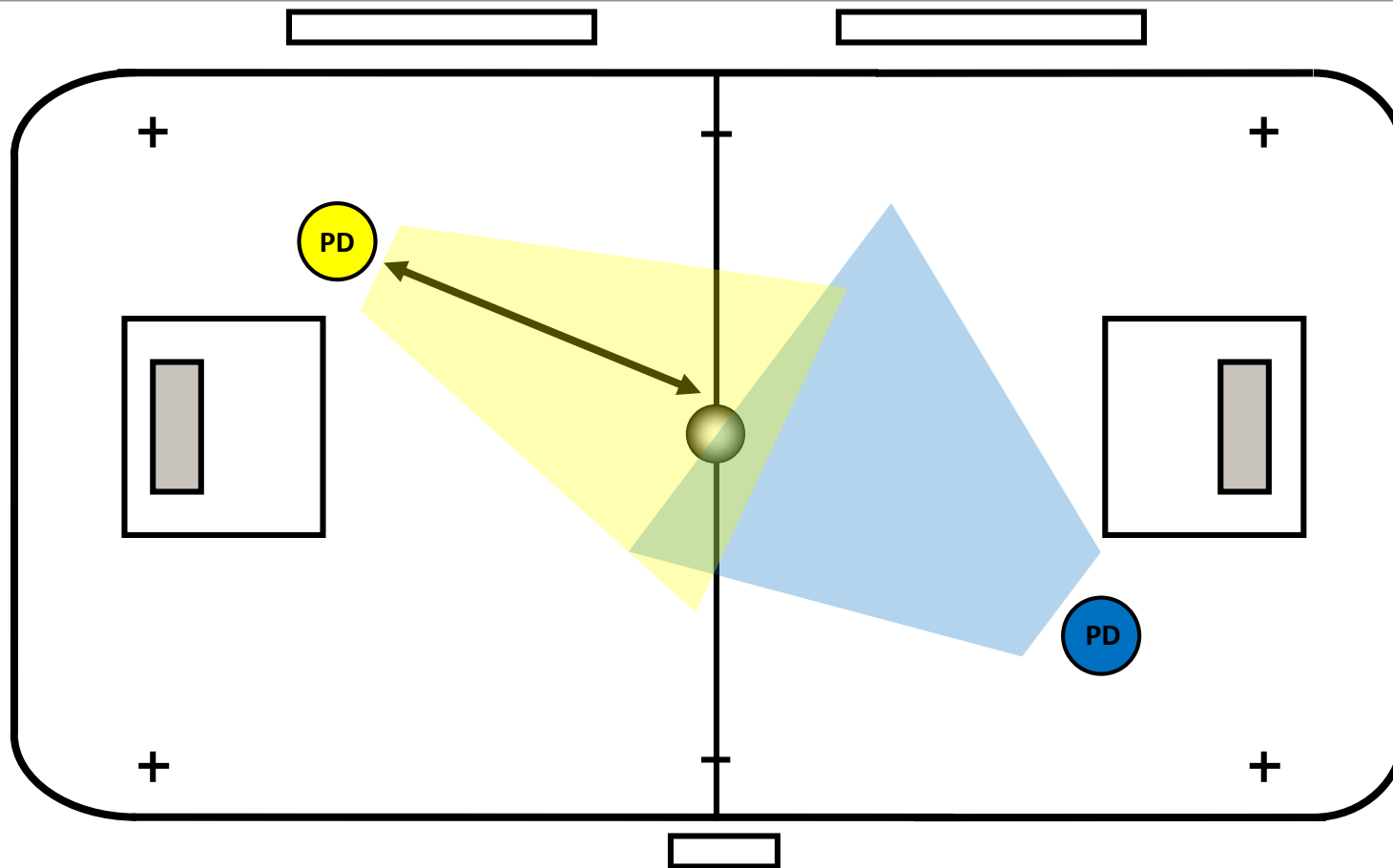


Rörelsemönster

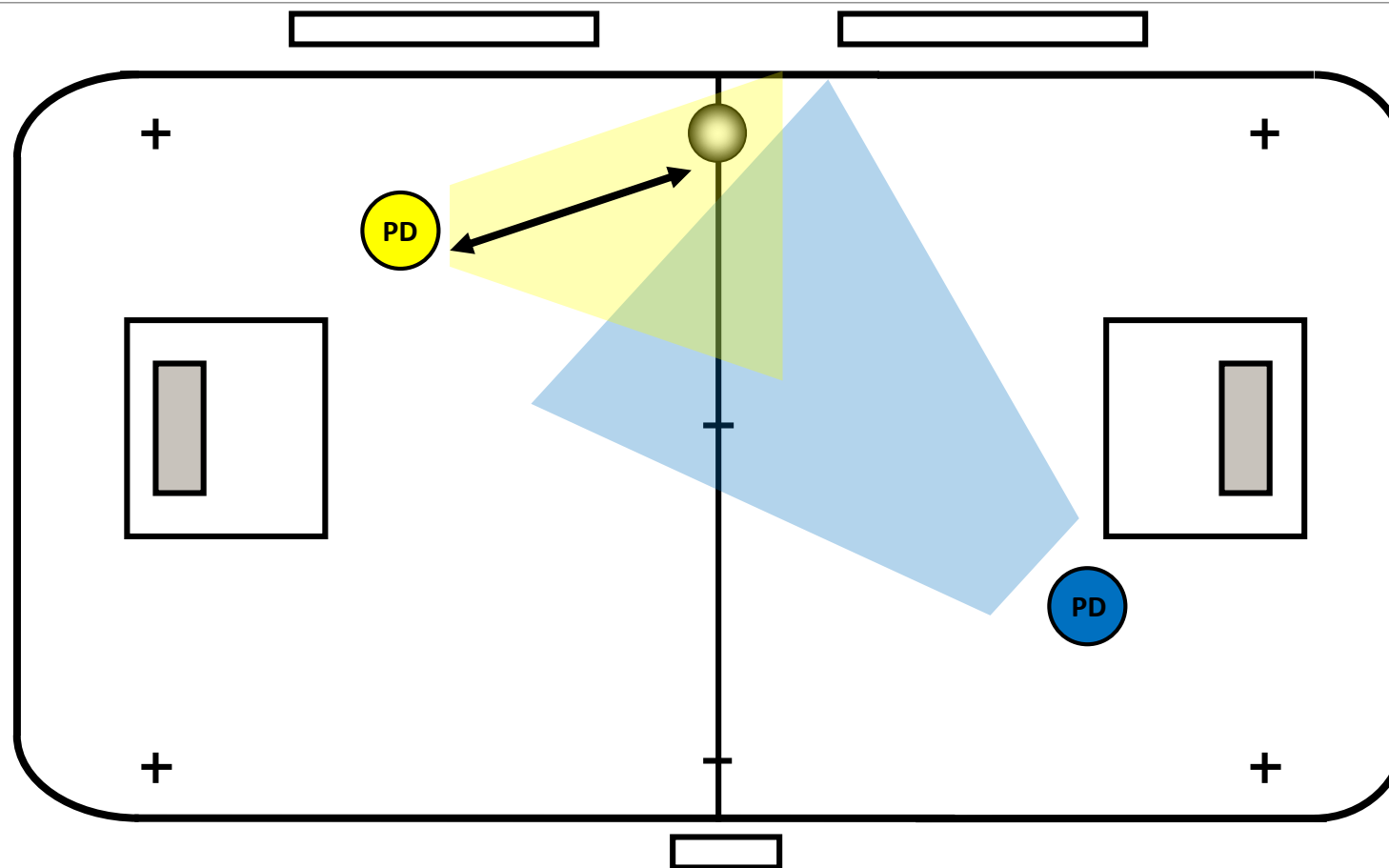




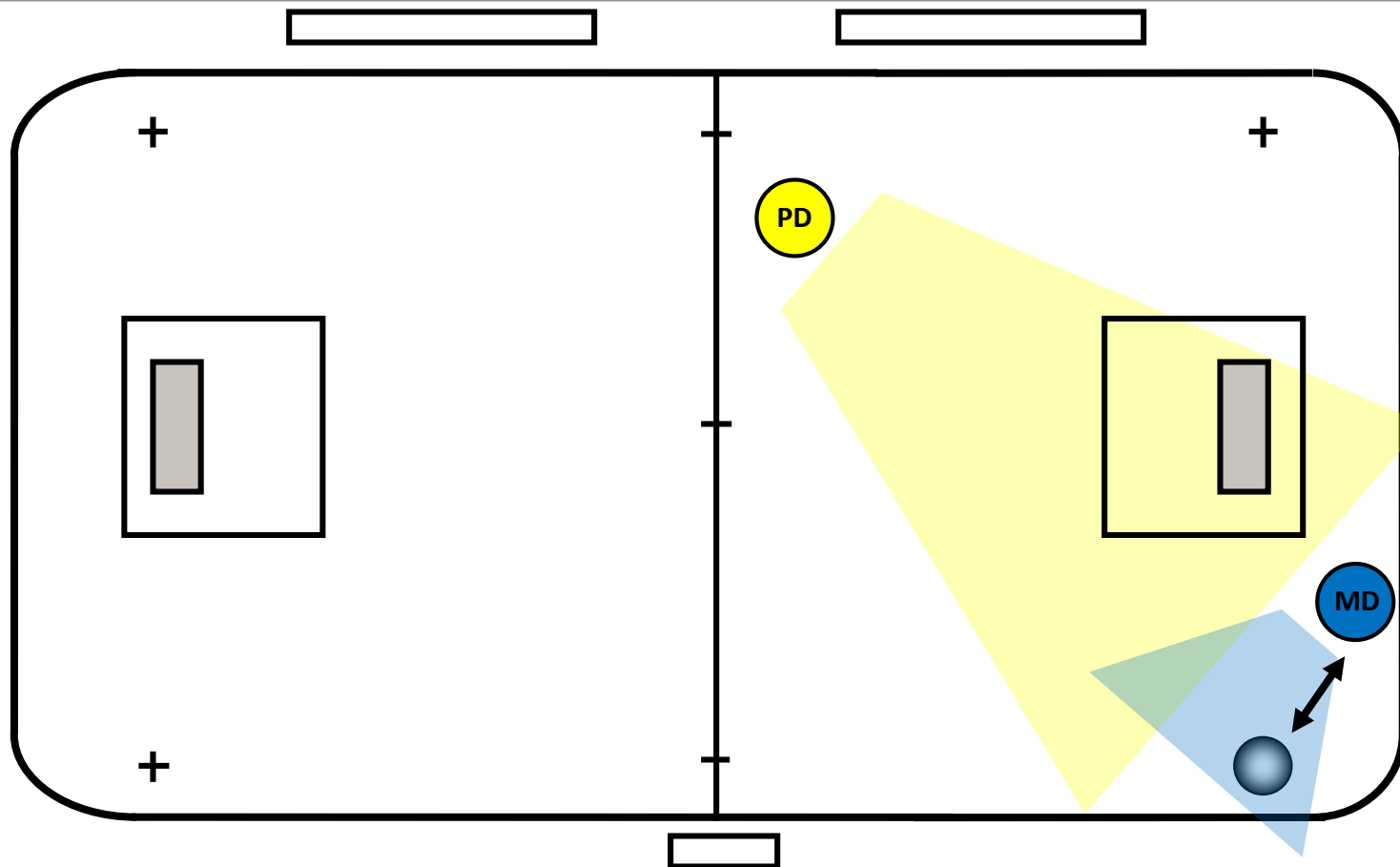
Tekning på mittpunkten



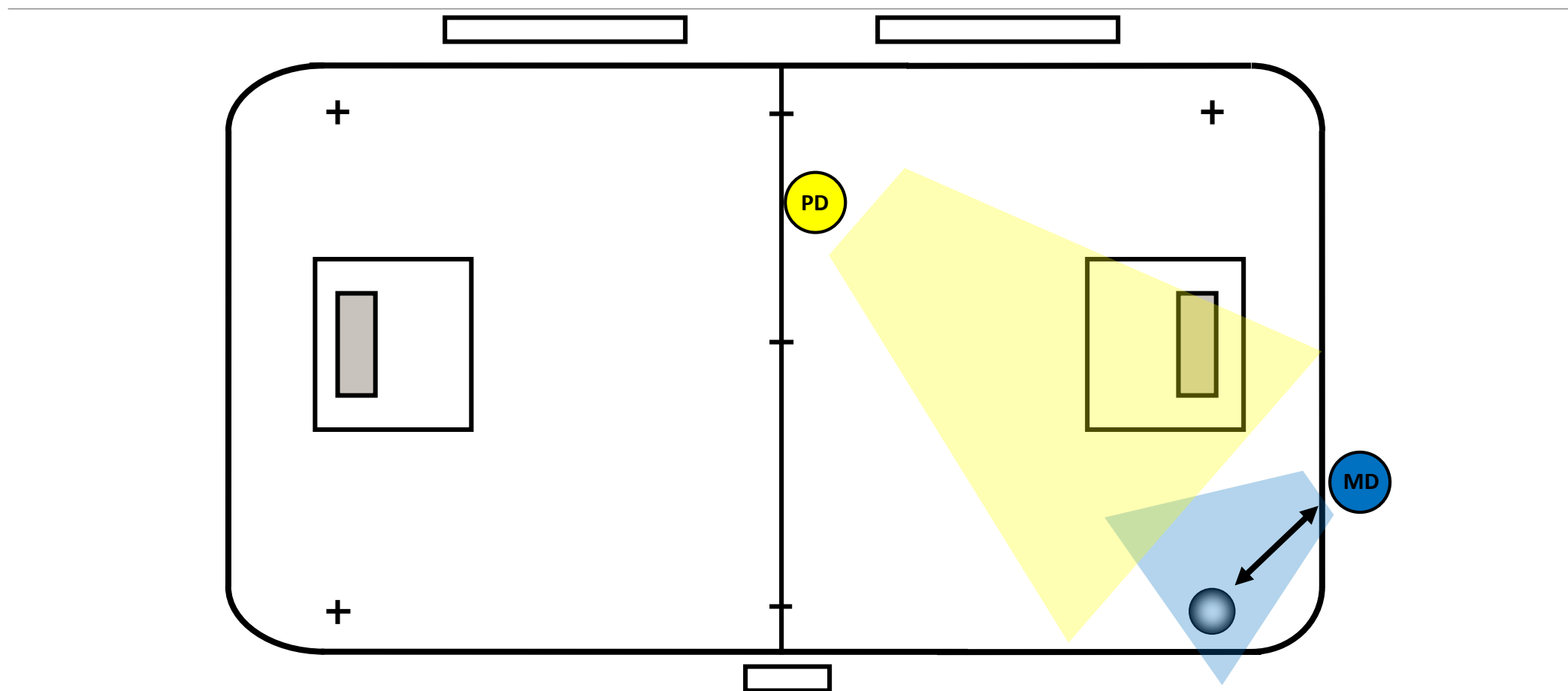
Tekning på mittlinjen



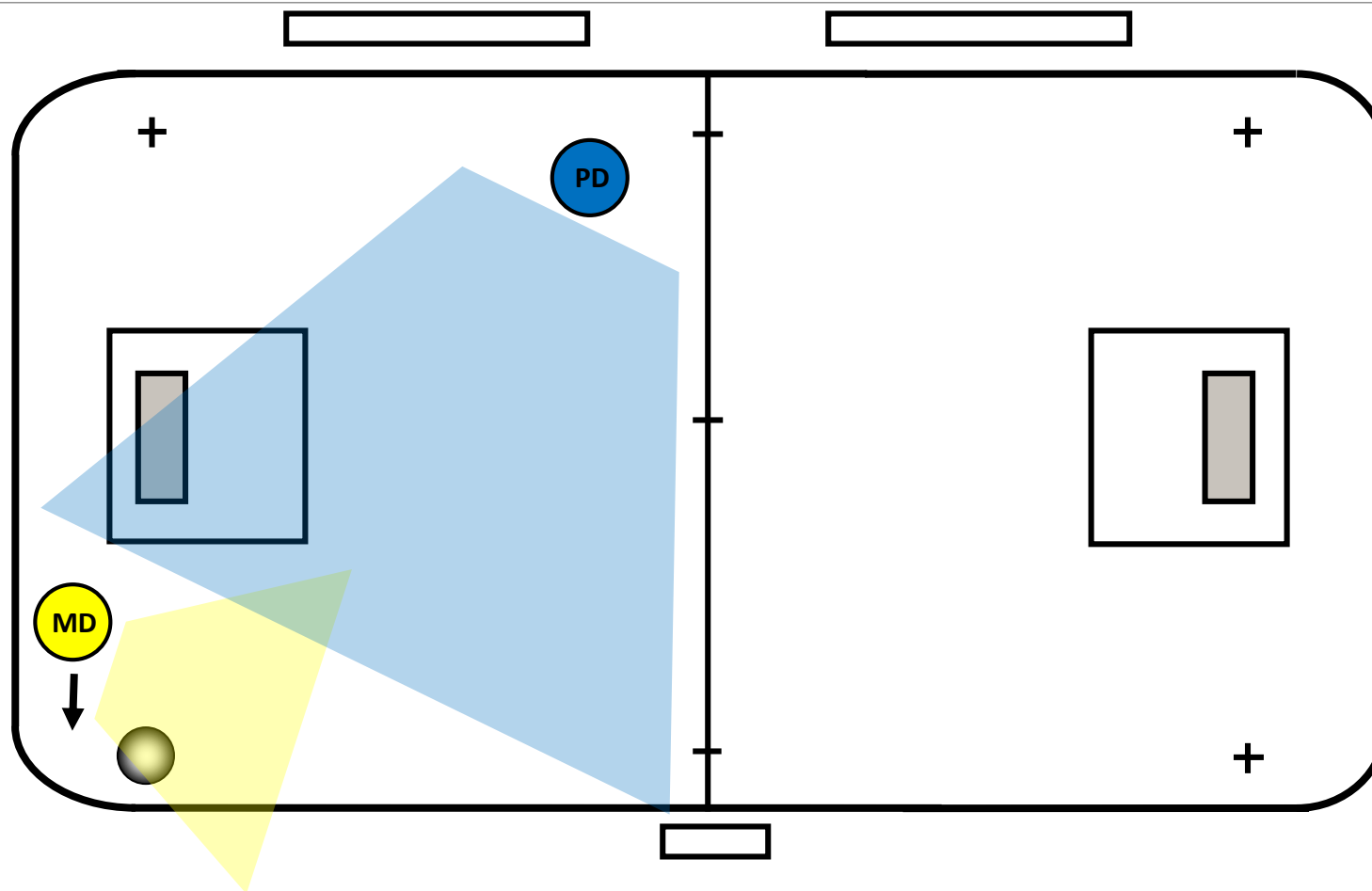
Tekning på förlängd mållinje



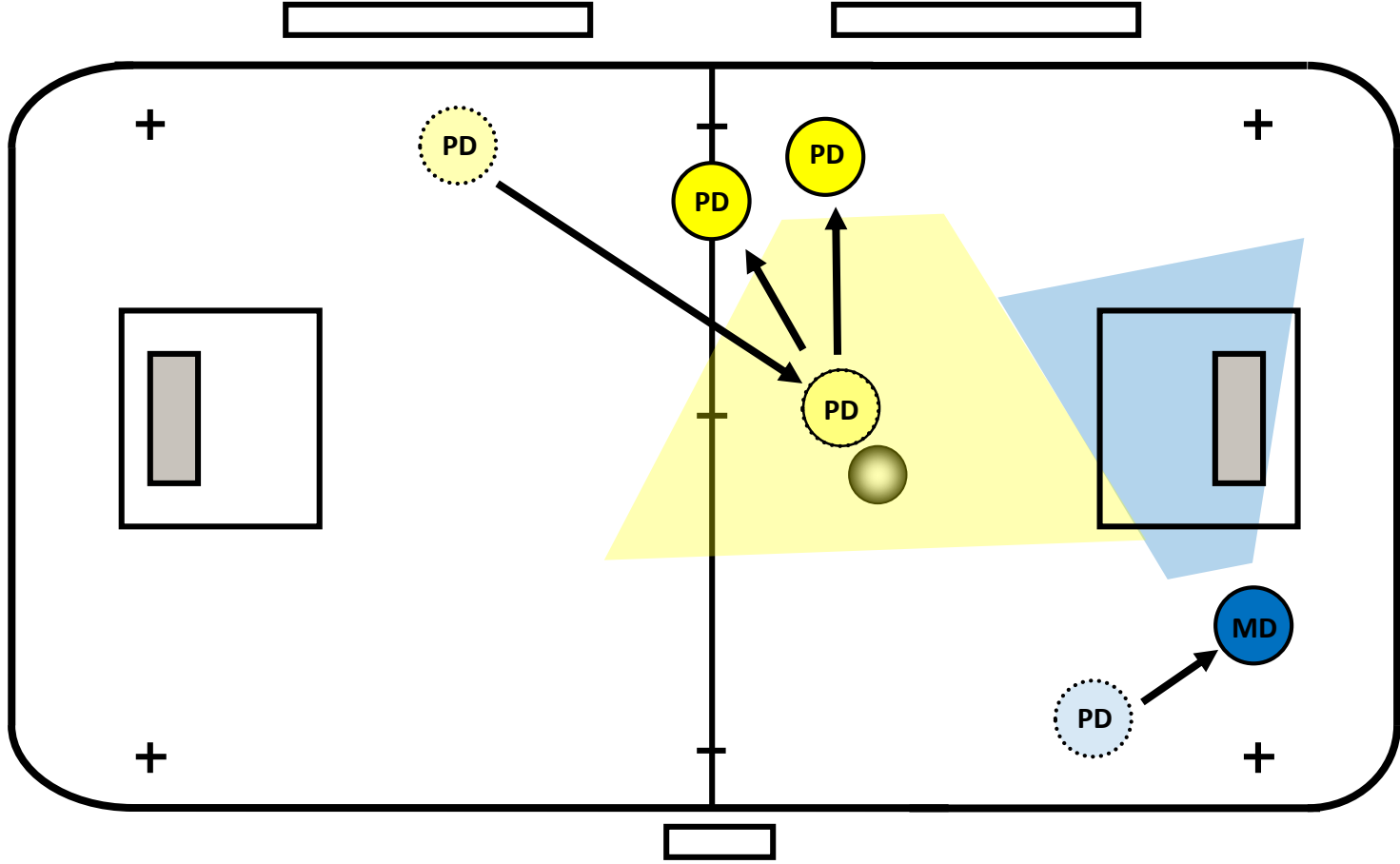
Tekning på förlängd mållinje



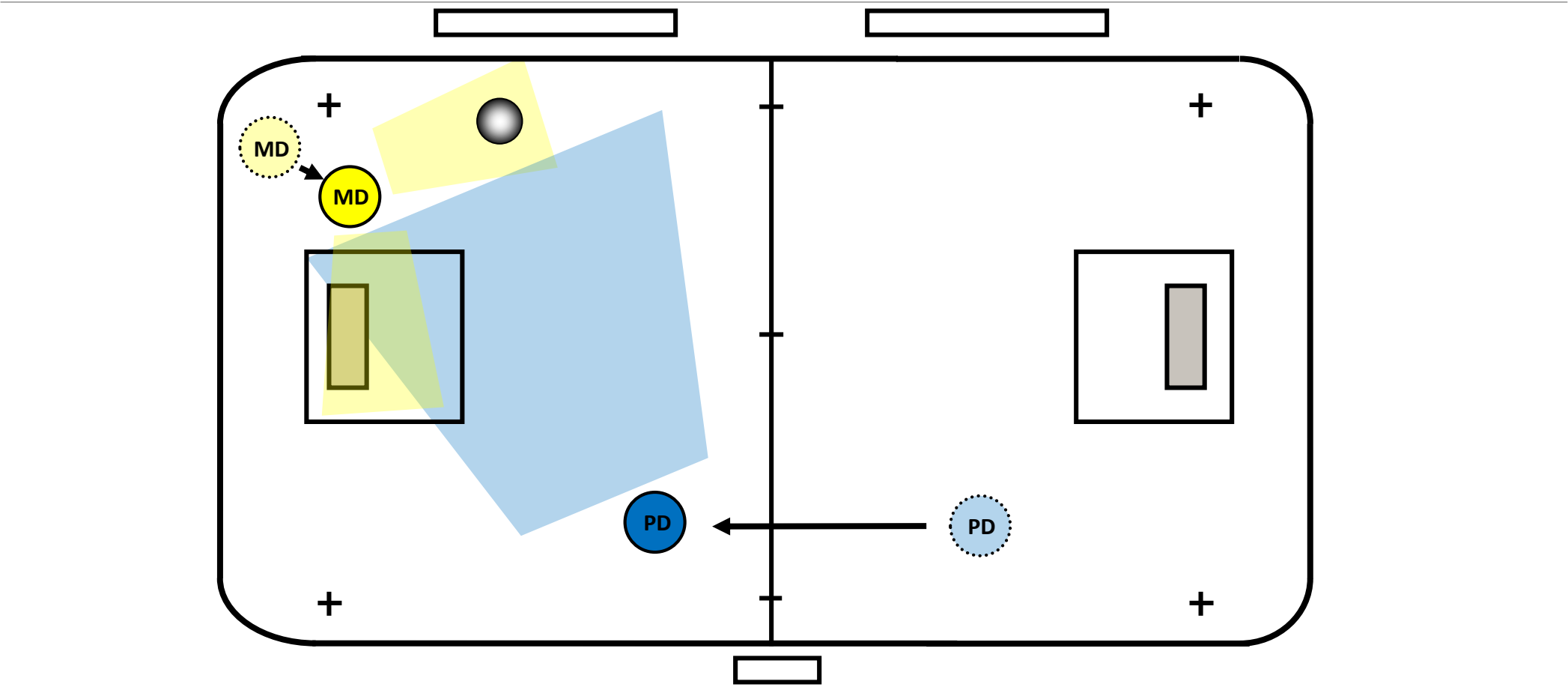
Hörnslag i anfallsszon



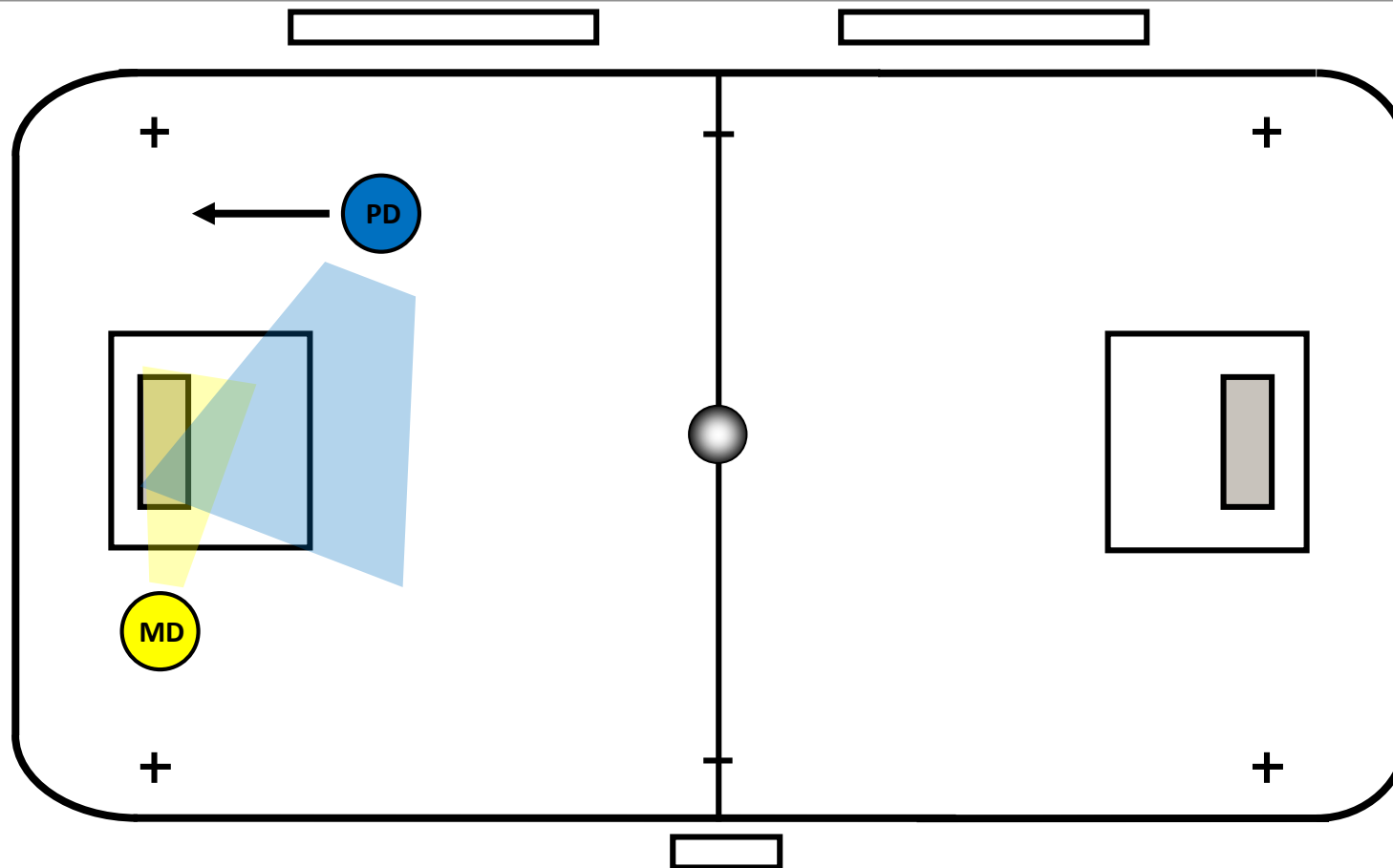
Frislag i anfallszon



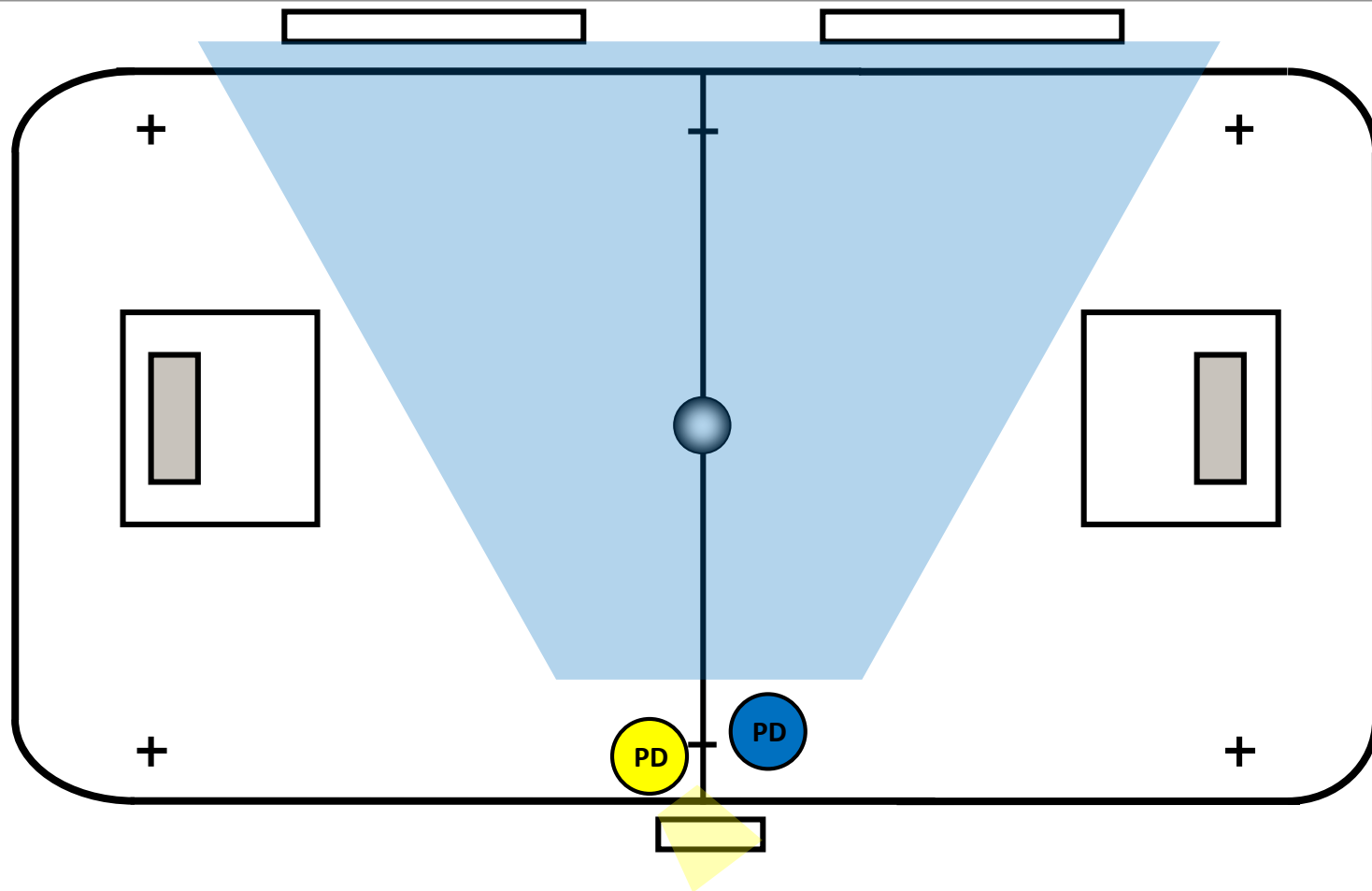
Frislag i anfallszon



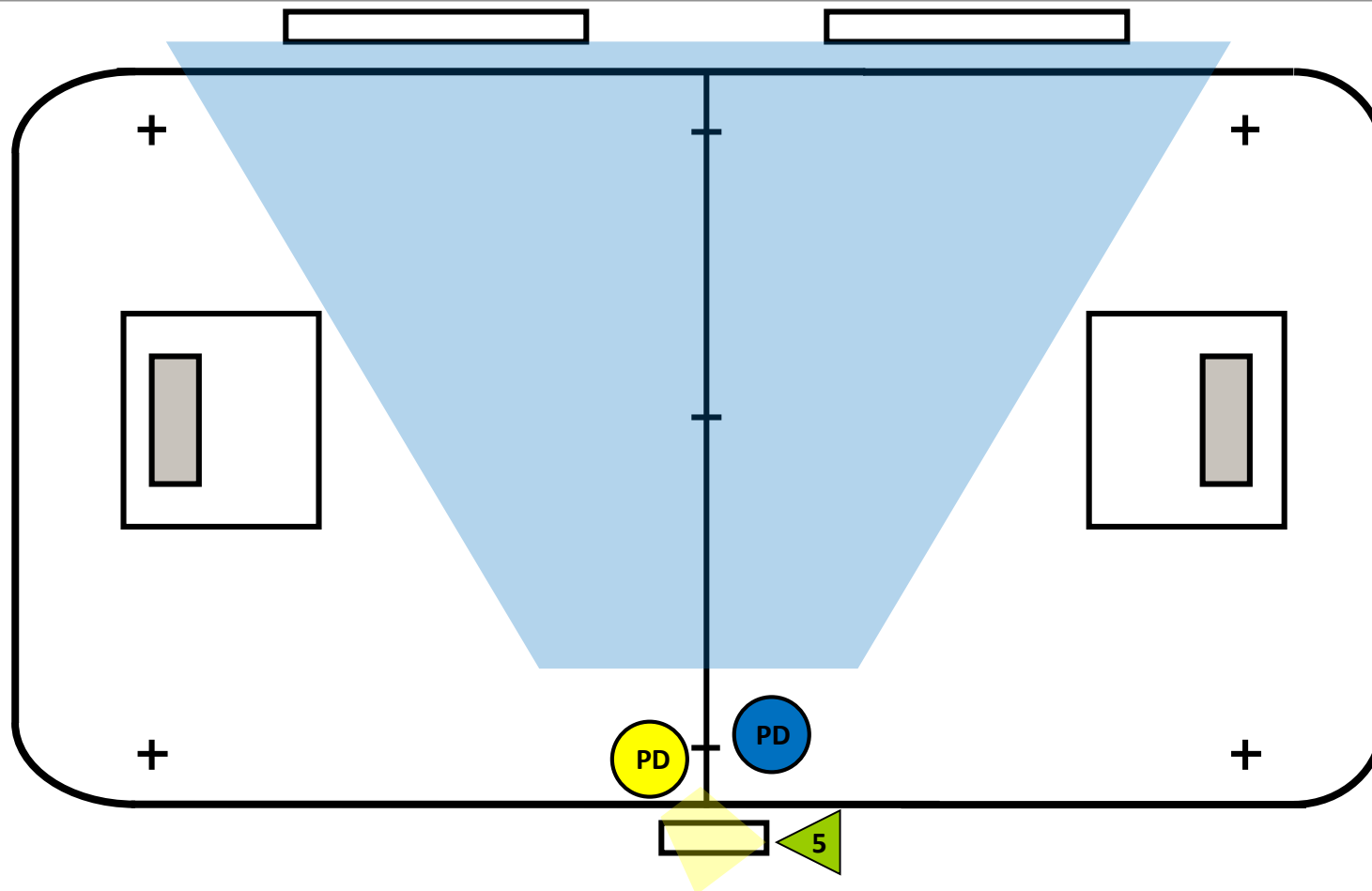
Straffslag



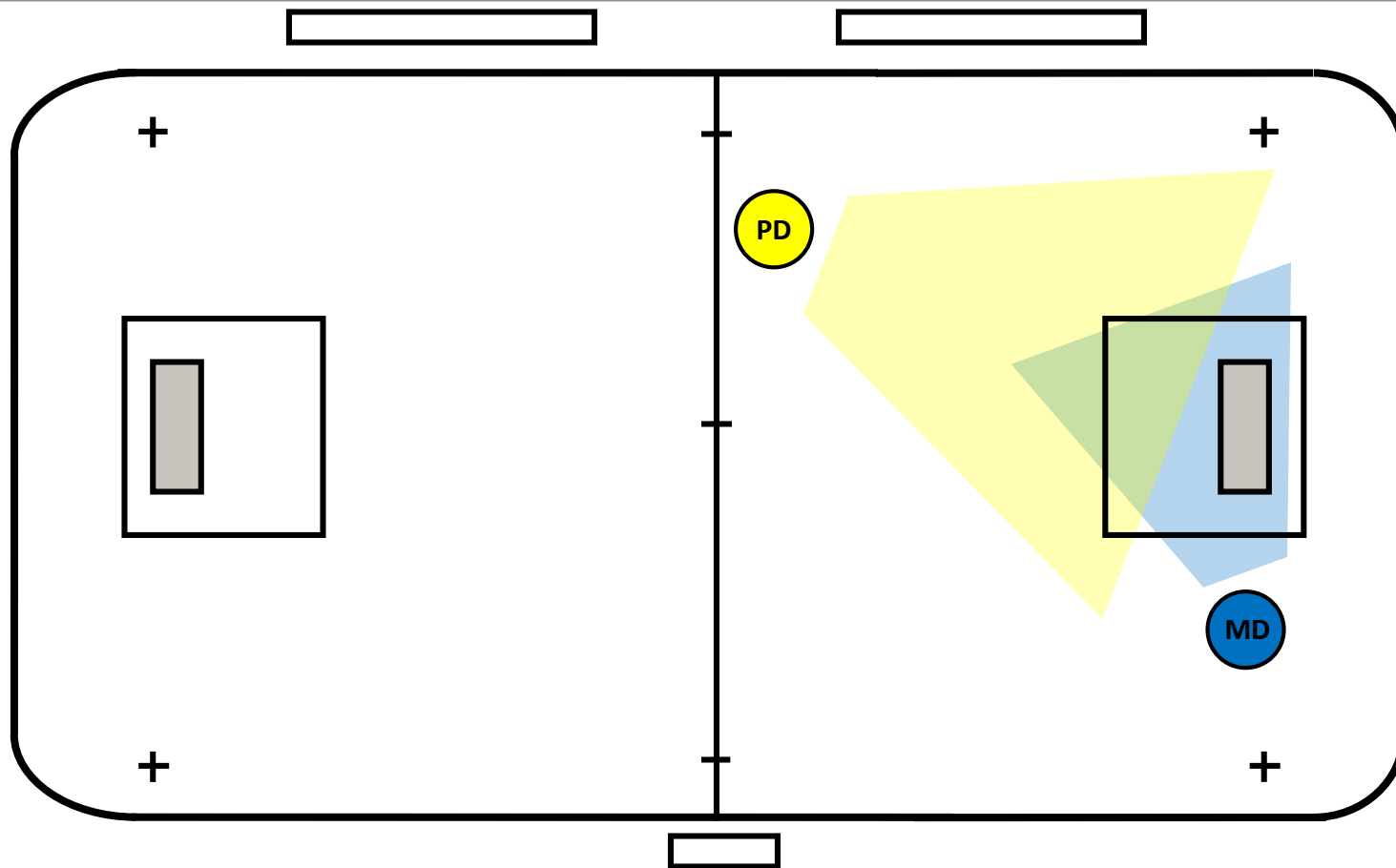
Mål och Time Out



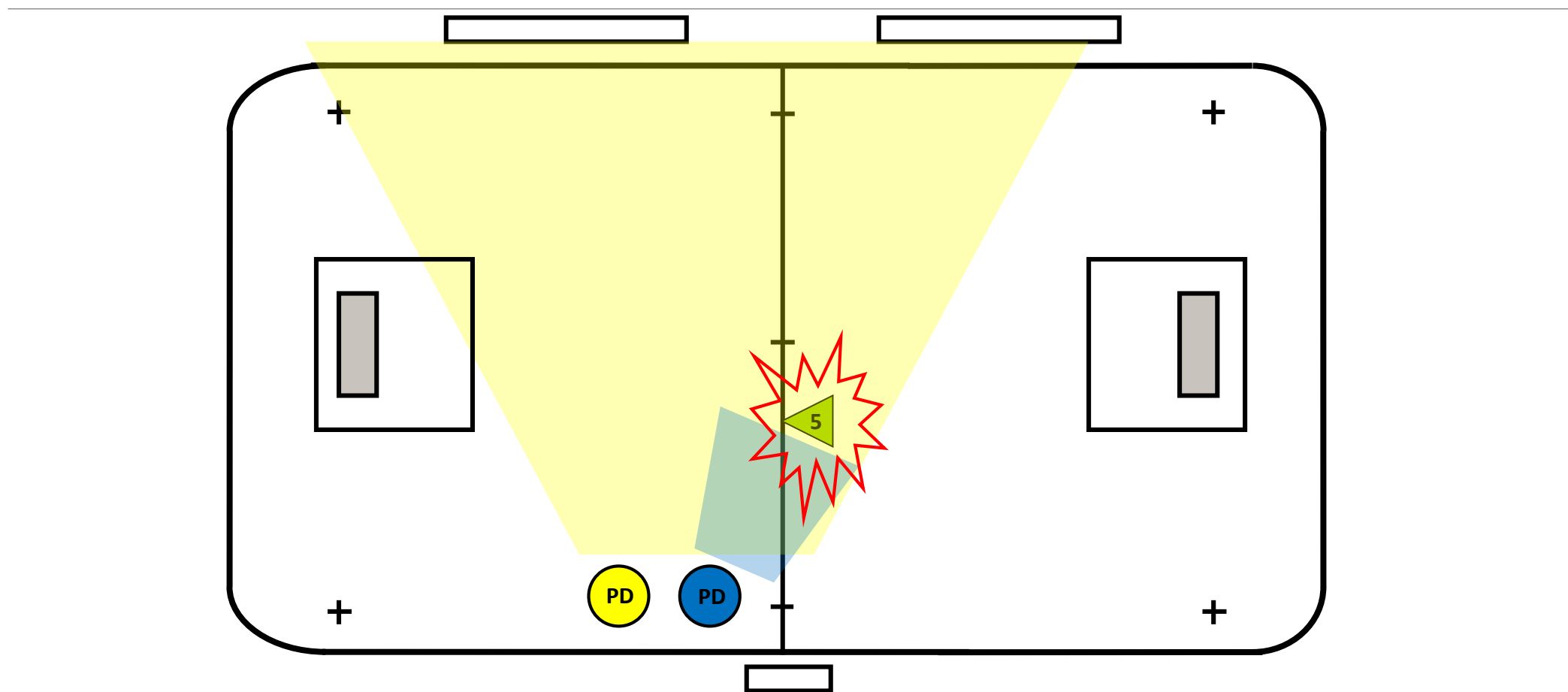
Utvisning



5 - 4



Skada



After matchen

