

Måndag	Ishall	Aktivitet	Grupp
15.15-16.15	SLR	Is	Axel /Lutz bonus (anmälan via sms TS)
16.15-17.45	SLR	Is	Lutz + Patch
17.45-18.45	SLR fyssal	Fys	Lutz + Patch
19.00-20.00	Marconi	Fys	Flip
20.00-21.30	Marconi	Is	Flip
19.00-20.00	FB	Fys	Axel
20.00-21.30	FB	Is	Axel
Tisdag	Ishall	Aktivitet	Grupp
14.15-15.15	SLR	Is	Info kommer
15.15-15.45	SLR	Is	Info kommer
15.45-16.45	SLR	Is	Euler, Piruett, Biellmann, Bubblan (stora paketet)
16.45-17.30	SLR sal	Fys	Euler, Piruett, Biellmann
16.45-17.45	SLR	Is	Flip, Ögel
17.45-18.45	SLR sal	Fys	Flip, Ögel
17.45-18.45	SLR	Is	Salchow, Toeloop, Flygskär
18.45-19.45	SLR sal	Fys	Salchow, Toeloop, Flygskär
18.30-20.00	FB	Is	Axel, Lutz
20.00-20.50	FB/sal	Fys	Axel, Lutz
20.50-21.15	SLR Kansli		Tränarmöte TS, EV
Onsdag	Ishall	Aktivitet	Grupp
14.00-15.00	Wall	Is	SKS
16.00-17.00	RB	Is	Toeloop, Euler, Flygskär
17.00-18.00	RB	Is	Salchow, Euler, Biellmann (stora paketet), Piruett (stora paketet)
18.00-19.30	RB	Is	Ögel, Flip, Patch
19.30-20.00	RB	Fys/stretch	Ögel
19.00-20.00	SLR fyssal	Fys	Axel, Lutz
20.15-22.00	SLR	Is	Axel, Lutz
Torsdag	Ishall	Aktivitet	Grupp
14.00-15.00	Wall	Is	Info kommer
16.00-17.00	RB	Is	Biellmann, Piruett, Bubblan
17.00-18.00	RB	Is	SKS
18.00-19.00	RB	Is	SKS, ny KSK
18.30-19.00	RB	Fys	Lutz, Flip, Ögel (stora paketet)
19.00-20.15	RB	Is	Lutz, Flip, Ögel (stora paketet)
19.30-20.00	RB	Fys	Axel
20.15-21.30	RB	Is	Axel (rullande fr Lutz)
21.30-22.20	RB	Is	Leverans, Vuxengrupp
Fredag	Ishall	Aktivitet	Grupp
17.15-18.00	RB	Fys	Axel, Lutz
18.00-19.20	RB	Is	Axel, Lutz
19.00-20.00	RB	Is	Ögel, Salchow (stora paketet), Toeloop (stora paketet), Euler (stora paketet)
Lördag	Ishall	Aktivitet	Grupp
12.15-13.05	SLR	Is	SKS, ny KSK
13.15-14.05	SLR	Is	SKS, Tuppen
13.45-15.00	SLR	Is	Bubblan
15.00-15.45	SLR sal	Fys	Bubblan
Söndag	Ishall	Aktivitet	Grupp
13.00-16.00	RB	Is	v 38-42
16.30-17.30	SLR fyssal	Fys	Biellmann, Piruett, Euler
17.45-18.45	SLR	Is	Biellmann, Piruett, Euler
17.30-18.30	SLR fyssal	Fys	Flip, Ögel, Lutz
18.45-20.15	SLR	Is	Flip, Ögel
20.15-21.45	SLR	Is	Vuxen, Leverans
17.30-18.20	Marconi	Fys	Salchow, Toeloop, Flygskär
18.30-19.30	Marconi	Is	Salchow, Toeloop, Flygskär
18.30-20.00	FB	Is	Lutz
20.00-21.30	FB	Is	Axel