

Grenansvarig	Lidingö	Lidingö	Lidingö	DSK/Linneå/v	Täby	DSK/Linneå/V	Täby
	60m	Stafett	Stav	Tresteg 1	Tresteg 2	Diskus	Spjut
17:30	F13 (4-6 heat, 30 min)			F12 pool 1 (36, 2 pooler, 50 min)	F12 pool 2 (36, 2 pooler, 50 min)	P12 (18, 45 min)	F13 (29, 70 min)
17:40							
17:50							
18:00	P13 (4-5 heat, 30 min)						
18:10							
18:20							
18:30	P12						
18:40	(3-4 heat, 20 min)			P13 pool1	P13 pool2		
18:50	F12 (5-7 heat, 30 min)		P12 (16, 90 min)	(25, 2 pooler, 30 min)	(25, 2 pooler, 30 min)		
19:00							
19:10							
19:20		FP13					
19:30		(2 heat, 20 min)					
19:40							
19:50							
20:00				F13 pool 1	F13 pool 2	F12 (30, 75 min)	P13 (28, 70 min)
20:10				(30, 2 pooler, 40 min)	(30, 2 pooler, 40 min)		
20:20							
20:30							
20:40							
20:50							
21:00							
21:10							